

OFFICE

SPACE+



Amazing Contemporary Spaces



Prime Location



Modern Event and Conference Facilities

State of the Art Amenities



Minutes from Downtown and Airport



COLONNADE
CORPORATE CENTER

Coral Gables

2332 GALIANO STREET
CORAL GABLES, FL 33134

305.728.7000

WWW.CCCGABLES.COM

WITHIN THE COLONNADE HOTEL AND OFFICE COMPLEX

distrikt

MIAMI NEW YORK LOS ANGELES THE INSEAM OF OUR LIVES

THE INSEAM OF OUR LIVES

In* seam* , v. t. To impress or mark with a seam or cicatrix

We are very thankful to all of you who went to our Distrikt Party II at the Miami Children's Museum. It was a great night, impregnated with talent and good vibes. Fulano performed a magnificent set of his inaugural CD "Individual".

This third issue is glorified by all of us. It depicts soul and fundamental essence. We feature a character who flies through the skies watching out for our safety, an enlightened animal lover whose face is all over the media but whose ego is down to earth and pure, a genuine and high-minded composer who is known worldwide but keeps it real with simplicity and charm, and an artist who gives new meaning to sculpture by highlighting the environment with genius style. Of course we are talking about Sergeant Tomas Turpin, Ron Magill, Armando Manzanero and Chihuly.

You have to read the interesting substance these illuminati shared with us. We thank them for their valuable time!

Spread the word about us so we can continue to bring you high-quality photographs and graphics and content. Distrikt is a vehicle for you to say something, to learn something or to feel something unique. We want to show a different perspective even though we are all one.

Hoping for Harmony.

The Distrikt Team





In our previous issue (Feb. 2006) we failed to include the credits for the F...F... section.

Our apologies to:

Model: Paloma Marquez

Quotes: Joel, Vanessa and Paloma.

distrikt

MIAMI NEW YORK LOS ANGELES THE ESCAPE OF OUR LIVES

TEAM

» **ALFONSO CORONA**
PRESIDENT

» **VANESA DE LA RUE**
EDITORIAL DIRECTOR
vdelarue@distriktmag.com

» **ISA TRAVERSO-BURGER**
EDITOR-IN-CHIEF

» **STEFANIE RUDOLPH**
COPY-EDITOR

DESIGN & ILLUSTRATION:

» **GABRIELA CRUZ**
GRAPHIC DESIGNER

PHOTO TEAM:

» **ALFONSO CORONA** 
» **GABRIELA CRUZ** 

CONTRIBUTORS:

» **ALBERTO FERRERAS**
» **ELI BRAVO**
» **ISA TRAVERSO-BURGER**
» **JOEL MOLINA**
» **ANTONIO GONZALEZ DE LEON**
WEBMASTER

BOARD MEMBERS:

» **OMER PARDILLO-CID**
» **ELI BRAVO**
» **ALBERTO FERRERAS**
» **ALFREDO LOPEZ CASALDUC**
» **HUMBERTO BANUELOS**
» **JOSEPH RISOLIA**
» **BEATRICE RANGEL**

DISTRIKT MAGAZINE IS PUBLISHED BIMONTHLY BY KITE MIX MARKETING LLC, 2332 GALIANO ST, 2ND FLOOR, CORAL GABLES, FL 33134. DISTRIKT MAGAZINE IS OWNED BY KITE MIX MARKETING, LLC., A FLORIDA CORPORATION. TELEPHONE (305) 728 71 72. APPLICATION TO MAIL AT PERIODICAL POSTAGE RATES IS PENDING AT MIAMI, FL., AND ADDITIONAL MAILING OFFICES. POSTMASTER: SEND CHANGE OF ADDRESS TO KITE MIX MARKETING LLC., 2332 GALIANO ST, 2ND FLOOR, CORAL GABLES, FL 33134. DISTRIKT MAGAZINE DOES NOT ASSUME LIABILITY FOR PRODUCTS OR SERVICES ADVERTISED HEREIN. WE ARE NOT RESPONSIBLE FOR THE RETURN OF UNSOLICITED MANUSCRIPTS, ARTWORK AND/OR PHOTOGRAPHS. THE ENTIRE CONTENT OF DISTRIKT MAGAZINE IS COPYRIGHT KITE MIX MARKETING, LLC. ALL COLUMN NAMES ARE THE PROPERTY OF KITE MIX MARKETING, LLC., AND MAY NOT BE USED OR REPRODUCED WITHOUT THE EXPRESS WRITTEN PERMISSION OF THE PUBLISHER.

THE CONTENT OF THE ARTICLES, COLLABORATIONS AND IMAGES THAT APPEAR IN THIS MAGAZINE, DO NOT REFLECT THE IDEOLOGY, VISION, PHILOSOPHY OR MISSION OF DISTRIKT OR KITE MIX MARKETING, AND ARE THE WHOLE RESPONSIBILITY OF THE AUTHOR; THEREFORE, THE AUTHORS OF THE REFERRED ARTICLES, COLLABORATIONS OR IMAGES, ARE THE ONLY ONES RESPONSIBLE AND/OR LIABLE, FOR ITS CONTENT.

THE ADVERTISEMENTS THAT APPEAR IN THIS MAGAZINE ARE PAID BY THE ADVERTISER, THEREFORE, THE APPEARANCE OF SUCH DOES NOT IMPLICATE THAT EITHER DISTRIKT OR KITE MIX MARKETING SUPPORT THEIR PRODUCT OR THE CONTENT OF THE ADVERTISING ACQUIRED BY THE ADVERTISER; THE ADVERTISER IS THE ONLY ONE RESPONSIBLE FOR THE CONTENT OF THE ADVERTISEMENT.

ABC MEMBERSHIP PENDING. PRINTED IN COLOMBIA.





CONTENTS



COVER:
PHOTO: ALFONSO CORONA

07. TEKYES

"SONY ERICSSON PICKER-UPPERS"
VIDEO ON THE GO
THE USB MICROSCOPE
SPA LIGHTS
BOYCOTTING WHITE
PICTURE FRAME AND AIR CONDITIONER
AROMATHERAPY PC?
SMOG IN ELECTRONICS DETECTOR
SPA LIGHTS
POCKET PROJECTOR

12. STYLO

ISA ZAPATA "PRETTY WINDOWS TO A HAPPY WORLD"
BY ALFONSO CORONA AND ISA TRAVERSO-BURGER

"COLOUR POLLOCK"
BY ALFONSO CORONA AND ISA TRAVERSO-BURGER

18. INNERVIEW

ARMANDO MANZANERO
"CLASSIC & ETERNAL HIMSELF"
BY ALFONSO CORONA AND ISA TRAVERSO-BURGER

24. RON MAGILL

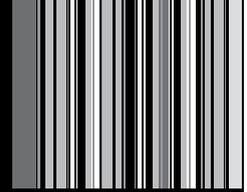
"AN ENLIGHTENING CREATURE"
BY ALFONSO CORONA AND ISA TRAVERSO-BURGER

30. SERGEANT TOMASTURPIN

"UP & ABOVE IN THE LINE OF DUTY"
BY ALFONSO CORONA AND ISA TRAVERSO-BURGER

36. SPECIAL

"ANOTHER OPPORTUNITY, ONCE AGAIN."
BY ELI BRAVO



40. SPACE

THE FAIRCHILD TROPICAL BOTANIC GARDEN.
"MIAMI'S OWN ENERGY VORTEX"
BY SHANKAR AND ISA TRAVERSO-BURGER

44. GREENING

-CARS + COMMUTING = COST EFFICIENT, GREENER
SOLUTIONS
BY ISA TRAVERSO-BURGER

46. PERISCOPE, TELESCOPE, MICROSCOPE

A GLIMPSE FROM THE PAST
BY SHANKAR

50. ARKI

"CASA ARAGONES"
BY SHANKAR

56. F..F..

"GUACAMOLE TRENDS"

60. WORLD 101

PORTUGUESE LANGUAGE
BY ISA TRAVERSO-BURGER

62. TUNES

64. ECHO

67. 7TH

THE MEX-TORY
BY SHANKAR

70. SEX

WHEN LOVE HURTS
BY ALBERTO FERRERAS

74. HIGH MAINT.-

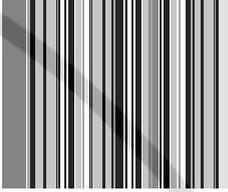
"THE HEALING FORCES OF NATURE"
BY VANESSA DE LA RUE

76. SPECIAL

LANGERADO MUSIC FESTIVAL:
A GET-TOGETHER OF ENDOWMENT
BY ISA TRAVERSO-BURGER

78. METAMORPH

DISTRIKT'S #2 RELEASE EVENT



TEKYES

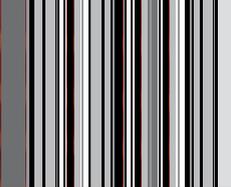
01. "SONY ERICSSON PICKER-UPPERS"

In addition to the past Sony products we have featured, we now have the ultimate 'picker upper' for your music, or musical, phone. You might want to consider this for your next birthday or 'any-varsity' whatever that means...

We can now enjoy a series of speakers that range from connectable to sitable to portable. Although they are not the cheapest kind, obviously, you can count on the fact that the high punchy sound that blasts from the phone as well as the colorful Swedish design will amaze you.

If you see them on display inside a store, and we don't mean in China Town, do make a pit stop to hear them scream. Remember too, to dance as if nobody is watching.





02. VIDEO ON THE GO

The future is here! Soon, the Jetsons' world of technology, robotic maids and awesome gadgets will be a reality. Meet Myvu, created by MicroOptical Corp. This amazing tool looks like space-age sunglasses but with an audio headset that allows you to watch video images in front of your eyes, instead of on the screen of your ipod or any other similar device. One of the advantages is that you can see what's going on around you because of the thin optical bridge. The picture appears about a yard away from the user's face and you won't bother anyone near, but you will look like The Terminator. It is said it is as popular as your cell phone. Talk about great expectations! Another great characteristic this item has for near and far-sighted people is that a prescription clip can be ordered that will correct vision. Unbelievable, huh? So this is basically the equivalent of a personal and portable monitor that works even with DVD and other digital players, and runs on three AAA batteries that last for about six hours. We can't wait to get our hands-on experience!



03. THE USB MICROSCOPE

And you thought that your monitor was solely to view the latest videos on CNN.com or to surf freely on the web. Think again! Now you can use it to view items with up to 200x magnification. Not only that, but grab screen shots, save them, send them via email or place them on your next document report, all thanks to the USB microscope. It sounds lovely and...useful? Well, it would be curious to learn what happens when you take the video game out of the kid and give them one of these babies.



04. SPA LIGHTS

If you don't have the time/money/interest of sending your clothes to the lady down the street who irons like a champ, you can do it yourself without any hassle by buying the Siemens Dressman. If you LOVE ironing, then skip this item. The Dressman is made from para-chute silk and stands upright like a mannequin after inflating itself with hot air to dry and make your clothes wrinkle-free. It sounds easy and it's supposed to press your shirts back into shape in just a few minutes. It was designed for shirts and blouses so you might just have to take your pants and dresses to the lady down the street. Now, the question is, where do you put this large item? We don't think it fits easily under the bed. We might have to get one of these for free, try it and give you a straight opinion.





05. BOYCOTTING WHITE

Finally, washing machines, dryers and other appliances are rebelling! After decades being white or beige, they let go of the mono-tony, and became the Electrolux's official move into design innovation. Now, it seems that you can match your appliances with your furniture. And you thought your Christmas-theme dishwasher wouldn't look great in your living-room. Electrolux will even go the extra mile, bringing exchangeable fridge-fascias for those holiday-loving families who like to change stuff around the house every other month. It's kind of a fun re-branding concept if the price is right because honestly, people don't replace their home electrical devices before they stop working; they wait at least until when they are very close to calling it quits.



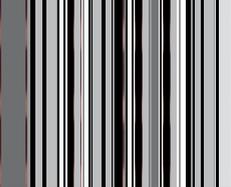
06. PICTURE FRAME AND AIR CONDITIONER

You think you've seen it all, but you have no idea. LG Electronics apparently have nothing better to invent but an artifact that blows air and features an easily exchangeable image. It's part of their ART COOL product line. We find it a bit lame, but nonetheless, if you have the cash, then by all means, suit yourself. This picture-frame air conditioner lets the consumer display a favorite image or drawing of 17X17 inches under a transparent panel at the same time it blows out quality air. A big plus is that you will not get tired of the photo on display since it can be changed as often as you wish. Another great feature it possesses is that besides being duct-free, it offers a three-way airflow that simulates natural breeze and is controlled by a computer. It is said to include an ultra-quiet fan. Another thing, You can also choose from a wide range of finishes and colors including features such as metal and wood.



07. AROMATHERAPY PC?

We aren't kidding. Some day it will happen. Now the new fad is a USB device that heats up your favorite fragrance/smell. Remember candles? You can say bye to those! This gadget will only work when your computer is on. It works because it's a 4cm in diameter, stainless-steel tray that can be used for oil burning or scented candles. It comes with a long USB cable, approximately 1.5 meters, so that the smell is not right next to you but a few feet apart. According to the experts, you can feel "fresh and relaxed" while at work and/or home. Now, what if the person next to you happens to have the same device? Talk about odor wars and patchouli fights. Don't forget to inhale and we don't recommend Vanilla scents, no particular reason why other than we are getting tired of the same smell everywhere. Try something floral or citric; it's less sweet and a lot fresher.



08. SMOG IN ELECTRONICS DETECTOR

If you live in Miami you are exposed to smog surrounding the beautiful bay and also you're probably open to malign elements such as: Electrosmog! You heard right! How can you save yourself? Finding out where the strange emissions are concentrated with the Electrosmog Detector that functions with wireless communications technologies. Phew. Thank God for technology! Now don't panic when it starts showing signs of hazardous pulsing emissions when you come close to your computer, cellular phone, baby alarms and microwave. That's why it was created. It's beneficial to find the electrosmog 'hotspots' so you can stay away from that zone... like you would stop using your PC, right?. Hurray for a clean environment!



09. SPA LIGHTS

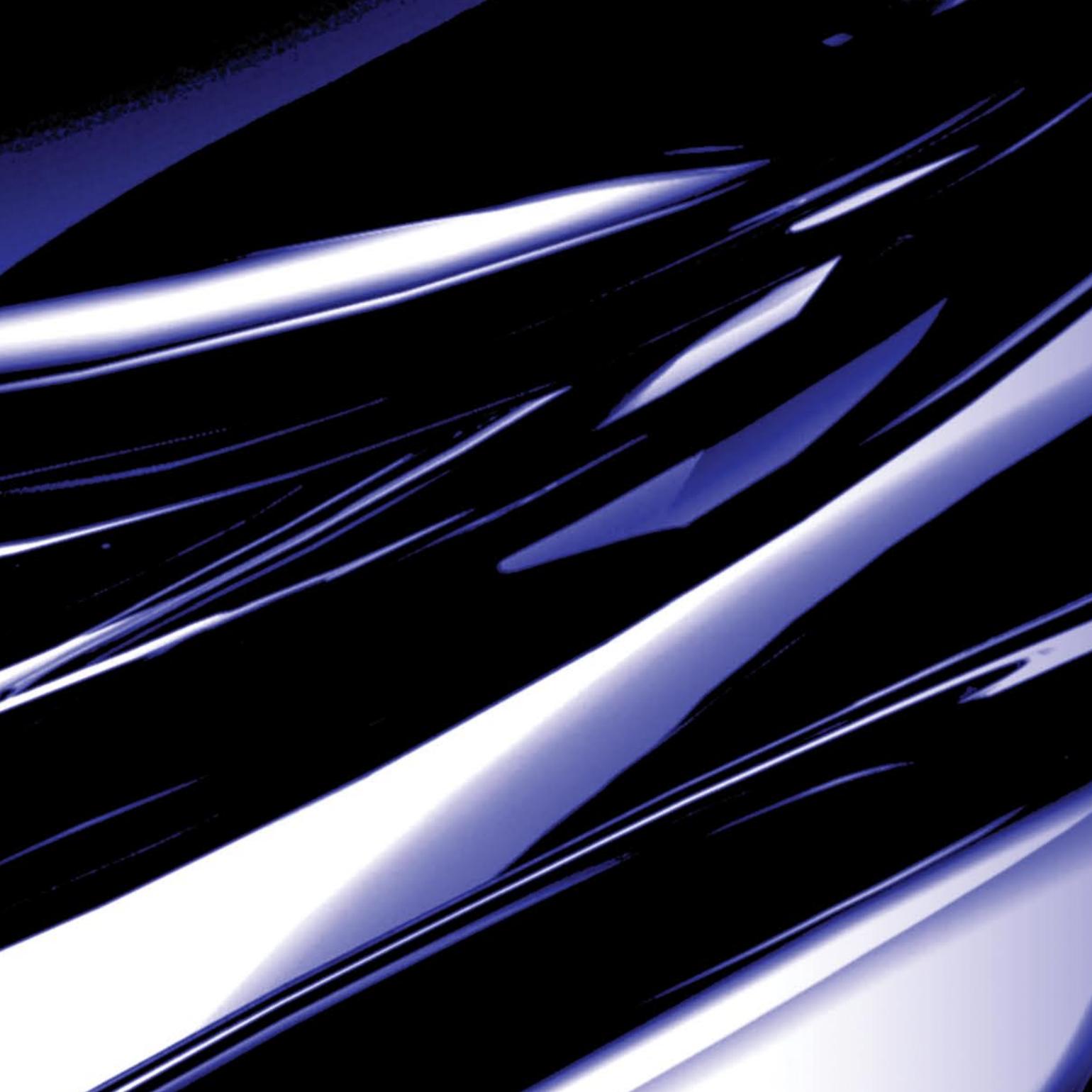
For less than what you spend in a real spa, you can experience a retreat in your own bathtub. You can actually use them in the shower too. These subtle lights work by sticking them to the bottom or sides, or even by letting them float around. The whole trick works better if you turn off the lights in your bathroom, put your favorite choice of music -we don't recommend rock at this time- and enjoy a cool beverage. The package contains two waterproof lights. AAA batteries are needed. You can turn the lights on and off at your pleasure so the 120 hours of light will last. Our suggestion: buy more than one set of lights so that it gives you the total relaxation effect and use aromatherapy or light some Nag Champa incense. It's guaranteed that you'll nurture all your senses if you follow these instructions! Good luck, and good night.



10. POCKET PROJECTOR

The Samsung Pocket Imager is a mini projector that might be just what you are looking for -that is if you are a lecturer, professor, or executive giving presentations-. It's portable and measures 128x85x53mm. Why is this gadget important? Easy. when you walk into a place to give a speech, you don't have to wonder what cables to connect or disconnect. This is a projector that takes its light from three long-life (10,000-hour) superbright LEDs and runs on its own battery. The projectors you're used to seeing in conference rooms have to fear this little guy. It seems to be practical, easy to use and even a tad cute. Does it work? We haven't tried it but we expect it should work pretty close to the conventional one. ☺

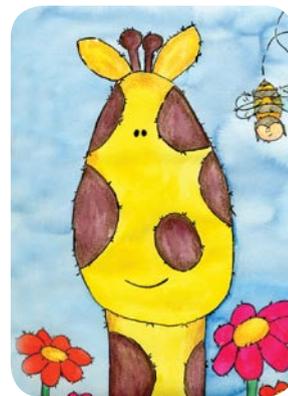
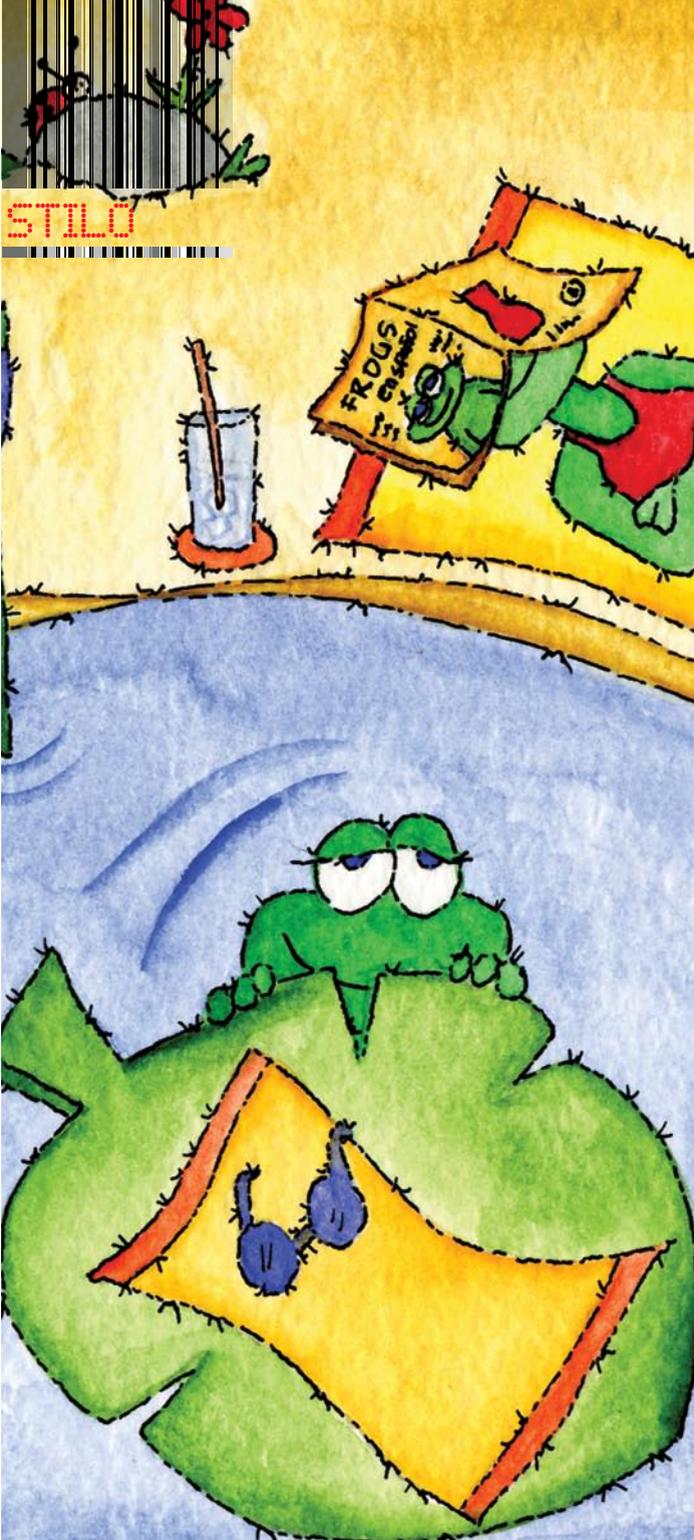




Special thanks to Mauricio Nasta & Jorge Vallines
for helping us keep this dream alive.

enjoy the look
of our **graphic art**,
original **photos** and **content**,
all made **exclusively**
for **distrikt** magazine

* except where otherwise stated and the pictures in the tek.yes section because we haven't convinced the manufacturers of the products to send us samples so we can take photographs ourselves.



ISA ZAPATA: PRETTY WINDOWS TO A HAPPY WORLD

BY ALFONSO CORONA AND ISA TRAVERSO-BURGER

For the past three months, Colombian Isa Zapata has been the artist-in-residence at the Miami Children's Museum. She began drawing doors and windows, until one day she arrived to the Land of Opportunity and was faced with the discovery that she could no longer draw doors and windows and instead, her hand went for her inner child and out came the cutest fantasy characters. Her artwork has been exhibited both privately and collectively in places such as Brickell Key Art Show, HCC Art Collectors in New York, D'Cota, and Grand Bay Club. She is happy to showcase her talent for great non-profit organizations to help children. We tried to find out where her inspiration came from but according to her testimony, it may be that some giraffe takes over her soul when she is drawing.

IMAGES COURTESY OF: ISA ZAPATA

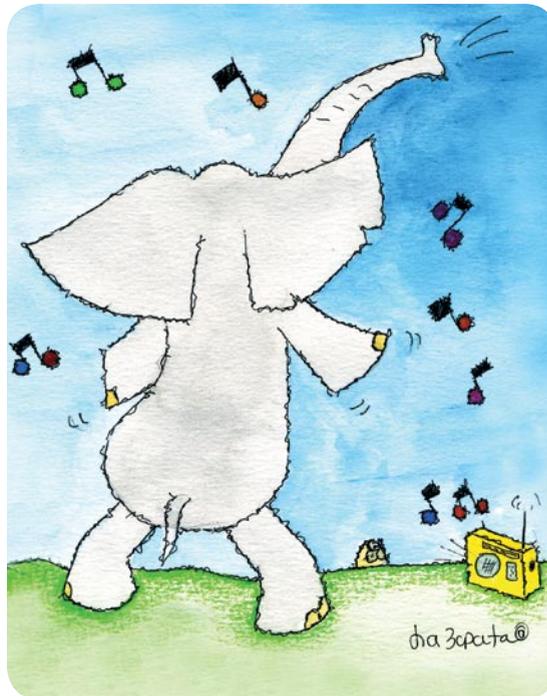


Where does your passion for illustration begin?

Well, it started when I was a little girl. When I was about eight, I began copying landscapes, impressionism, realism, antique houses with earth colors. I don't know why but I would paint houses with doors and windows. My heart was into that more than anything else. I came to live here and stopped painting for a while, and then one day I bought the tools and started painting again. I tried painting the houses and it didn't work, it didn't happen. It didn't come to me and I thought, "I forgot how to paint, my God". Suddenly a child appeared in my drawing, and I wondered how it happened, so I continued to enhance it with bright colors. It was like something inside me opened up; maybe because when you're surrounded by family you are not aware of your full capacities and I had to come here alone and perhaps because I didn't expect it, a new artistic side was born. I discovered who I was. I began drawing children themes and I didn't know where they came from. Once, a friend even asked me what kind of drugs I used. I don't. It was an awakening.

How is the creative process to create caricatures, how is the internal procedure?

Sometimes I guide myself through watching the animals, or the theme, but most of the times it just comes out from within, I can't explain it.



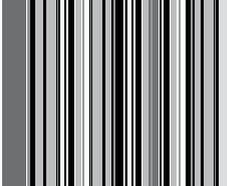
It arrives to my hand. I try to tell a story in every drawing, for example, a giraffe might have tennis shoes on, a mushroom will have a ladybug near, I don't know, a bee can be in the background, but everything tells a little story.

Which is your favorite animal?

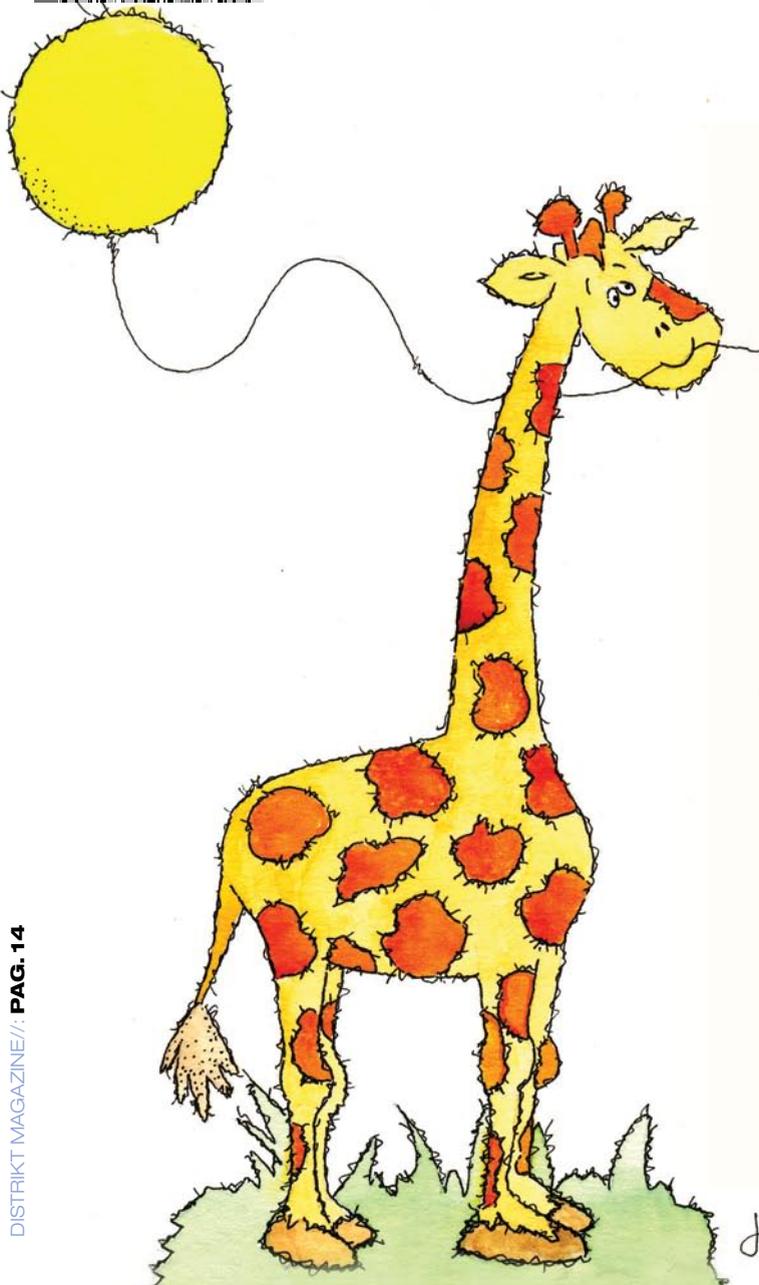
My favorite animal is the dolphin but I always draw giraffes.

What other techniques you use?

For work I mix digital with water paint sometimes. But mostly I work with acrylics, water colors, paper machier.



STILO



What would you like to be doing in 10 years?

I would like to have my own line of clothing with my designs for children and all the line for towels, sheets, etc... I want to paint it all!

How would you define your style?

Infantile, but there is a hidden message I perceive, a subliminal aspect. I look at a finished piece and I see something else too. I don't know but I see an adult facet in it.

What is more transcendental about your art?

What I try to awaken, a feeling that makes you vulnerable to a juvenile sensation.

This proposal you bring is it the result of a dream or a dream to come true?

A dream to become reality.

I've heard in many painters that they began painting closed doors, just like you, and that then the doors begin to open. In your case you found animals and distinctive places, what stage do you think you're heading to?

I have ideas to get the characters out of paper, and become three-dimensional. I want them to start running around and become palpable.

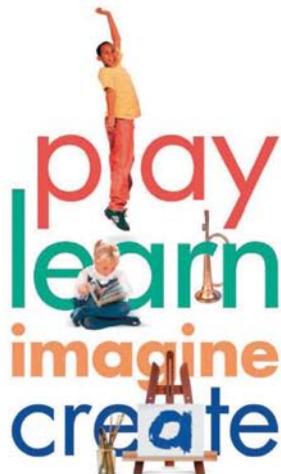
What are your immediate plans?

I am writing a story and also writing for children's magazines. I'm working.

What is the most difficult part of your work?

To begin. Once two lines are drawn I see a shape. I don't like to view books, I do it when the client requires a specific subject, but when I'm creating it's doing those two lines that are the hardest part of the creation process. ☺

da 3pata ©



Book Now!

- ⦿ Art, Music, Yoga and Theatre Classes
- ⦿ Spring, Summer and Winter Camps
- ⦿ One Day Camps
- ⦿ Themed Birthday and Slumber Parties
- ⦿ Scout & Group Camp - Ins
- ⦿ Daily Programming
- ⦿ New 30 ft. Rock Climbing Wall!

980 MacArthur Causeway
Miami, FL 33132
T: 305.373.kids (5437)
www.miamichildrensmuseum.org



m i a m i
children's
m u s e u m

Miami Children's Museum receives both private and public funding. MCM is sponsored in part by the City of Miami; the Miami-Dade County Department of Cultural Affairs, the Cultural Affairs Council, the Mayor and the Miami-Dade County Board of County Commissioners; and the State of Florida, Department of State, Division of Cultural Affairs and the Florida Arts Council.

“COLOR POLLOCK”

BY ISA TRAVERSO-BURGER

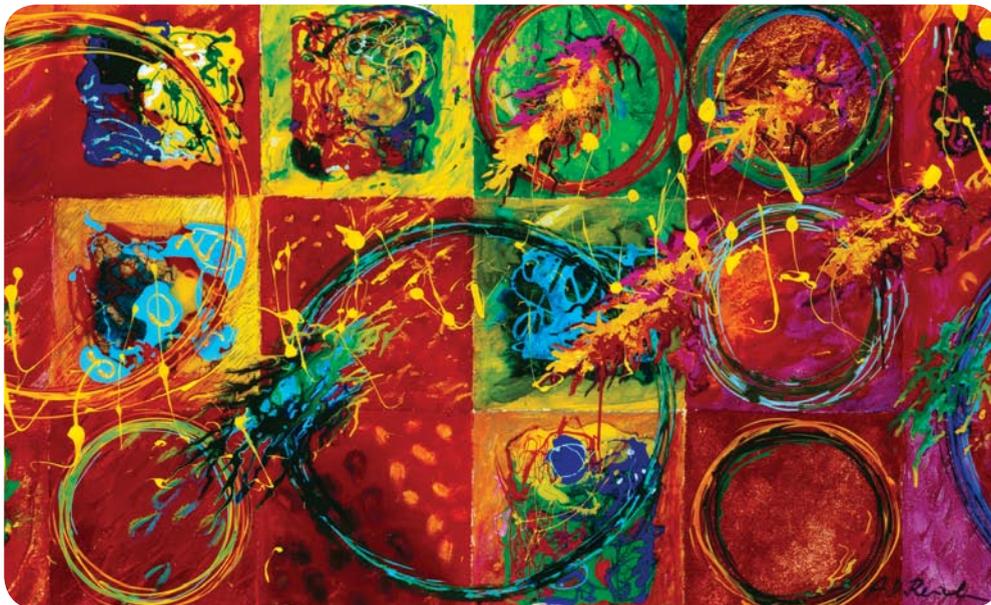
Czech born Andrea Dasha Reich was probably motivated from the time she was growing up in her Bauhaus style home. She studied Graphic Arts in the prestigious Bezalel in Jerusalem and later Architecture in New York. Her mother graduated in Applied Arts so it might have had a huge inherent effect on this talented artist.

It seems Dasha is inspired by everything around her life. Before committing to being a professional painter, she became a fashion designer, then a textile designer and even a color forecaster. She opened her own boutique in Manhattan called Pinola -her design for Dansk’s “Danika Rose” is a collector’s item-.

She is proud to apply her mental picture about what she sees in the world through travels in North Africa, India, China and Europe.



IMAGES DASHA STOCK



The Vizcaya Palace in Miami is also an inspiration for one of her artworks. She associates color and texture to feelings and characters and shapes. In her own words, She works with concentrated pigments and dyes as well as metal leaf to produce canvases of luminous complexity. The process requires alternate applications of image and resin, often as many as five layers deep. The images, which are carefully composed, are created kinetically, from drizzles, pours, spatters, and drawn lines.

Honestly, you need to see her stuff. It's a carnival of colors, beautifully joined together to express a specific feeling. Mixed media on wood is viewed in a new and contemporary way. Through her hands and her mind, Dasha brings progressive creativity to her pieces. Her art has been exhibited worldwide in exclusive places, such as Pismo Gallery, Atmosphere Gallery, Free-Form Art Gallery, Grohe/Signature Gallery, Crossroads Contemporary in Santa Fe, New Mexico, and Whistler Gallery. 🌍

CLASSIC & ETERNAL HIMSELF

ARMANDO 1. MANZANERO

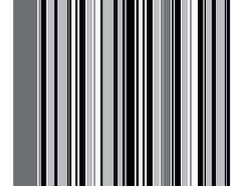
BY ALFONSO CORONA AND ISA
TRAVERSO-BURGER

Armando Manzanero is a fascinating and prominent composer, pianist, arranger, and performer of our era. Born in Mexico in 1935, this petite in size but immense in soul character speaks poetry and sings about real feelings of everyday life. His award winning songs are performed by hundreds of musicians in more than 30 languages. Manzanero, a true Mayan, has been on stage at the Madison Square Garden and Lincoln Center, among other renowned places in Europe, Asia, and America. Among his most popular are, Esta Tarde Ví Llover, Contigo Aprendí, No Se Tú and Te Extraño. Andrea Bocelli's new CD features several of Manzanero's compositions and a duet with Christina Aguilera for the song Somos Novios. Tony Bennet, Luis Miguel, and Frank Sinatra are some of the great artists who have interpreted his songs. This unique and intellectual performer always speaks from the heart, hates fast food, loves his ancestry and is eager to present a new, atypical CD. He talked to Distrikt about his views and utopia.



INNERVIEW

PHOTOS: ALFONSO CORONA



02. ARMANDO MANZANERO

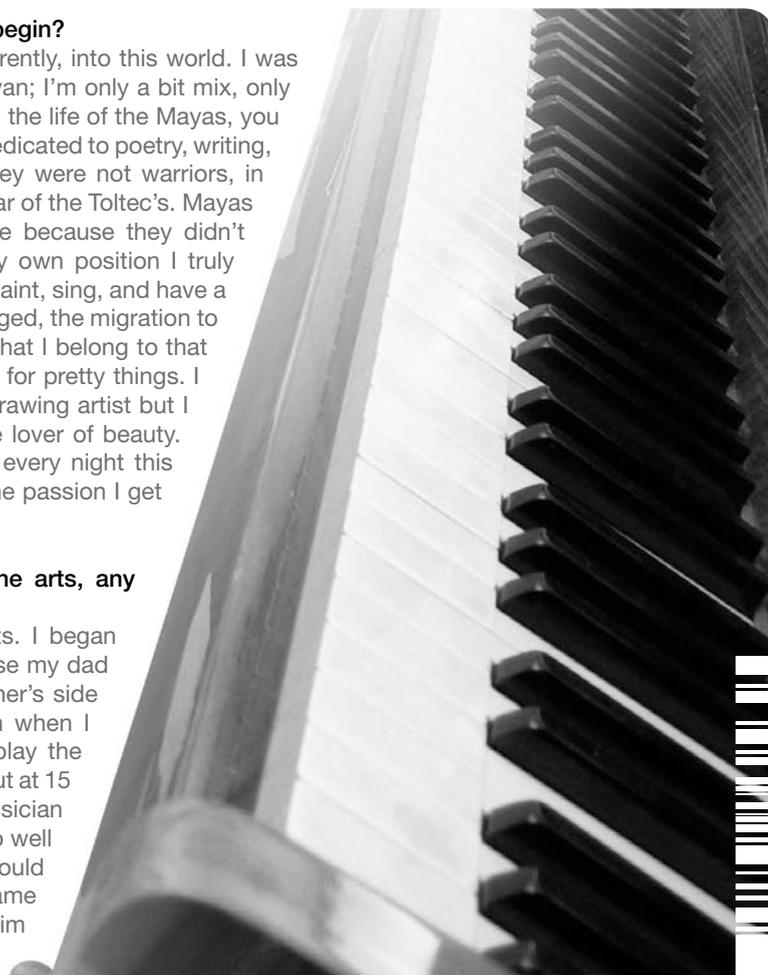
://INNERVIEW

When does your passion for writing begin?

There are things that one brings, inherently, into this world. I was born in the city of Mérida, a pure Mayan; I'm only a bit mix, only the Manzanero part. When you search the life of the Mayas, you find that they were people who were dedicated to poetry, writing, agriculture, astronomy, astrology... They were not warriors, in fact violence doesn't arrive until the war of the Toltec's. Mayas then had to migrate to another place because they didn't like the co-inhabitants. Examining my own position I truly believe that people are born to write, paint, sing, and have a great time. Logically, things have changed, the migration to Yucatan changed a little but lets say that I belong to that generation; I feel a passion for music, for pretty things. I am a frustrated painter, a frustrated drawing artist but I am a realization in terms of being the lover of beauty. The moon that has accompanied us every night this month is the reason why I write, it's the passion I get from everything I do.

What made you inclined towards the arts, any particular incident or issue?

It was actually two decisive moments. I began studying music at the age of 8 because my dad was also a musician and on my mother's side there is also the musical bone. Then when I turned 12, they loved watching me play the piano and supported my dedication, but at 15 when I decide to be a professional musician my dad opposes because he didn't do well as a musician and he was afraid I would go through the same thing, the same disappointment. I now understand him but back then I didn't.





I said to him that I would do what made me happy because I was born to enjoy. I chose music. That was the first decisive moment. Then, the next moment happened when I was about 20 years old. I played at a nightclub called Tulipanes. It was an orchard of citric fruits where you could enjoy a great meal with great music. Yucatan's food is the most famous and delicious in Mexico. Well, I played in that place for three years and then one day I had to get nasal surgery because of my allergies. I had to miss work for a week; it was in the year 1957. I thought, because of my loyalty to this place, working hard hours and never failing to miss a day of work, plus the friendship we had that I would get paid for the week I was absent. I was wrong. I went home with 3.25 pesos of two days of work. I began thinking that I had dedicated three years of my life to this job, as reliable as possible and to realize that they didn't even pay me knowing that I was in bed recuperating made me take another road. I decided it was time to leave.

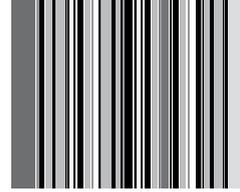
02.1. ARMANDO MANZANERO ://INNERVIEW

In those moments where you find yourself either confronting your future or changing your destiny, what makes the difference?

Having character, not a bad attitude, but having the power to make a decision after giving it thought. It's important to give it thought before acting. You have to have faith in what you do also. I am grateful that my father taught me to respond to my responsibilities; if you do something that you believe is great and nobody wants to buy it, go somewhere else and don't think it's not good enough.

After being an icon in your musical genre, how do you perceive the musical tendencies of the 70's, 80's and 90's? How do you describe that cycle that sometimes is lacking of essence?

I think that a big enemy in this day and age is information, advertising, media...Let's say that reality shows, academies, programs such as Star Search are positive for finding true talent, but sometimes it's a marketing strategy. David Bisbal has great talent, for example. You can fool some people sometime, but you can't fool all the people all the time. Fortunately, the world is so large that good stuff will prevail. I saw Tony Bennet in NY in 1968; he will always be a true talent. He once said to me, "Manzanero, there are no new and old songs, only good and bad." People with an artistic gift shouldn't give importance to TV and radio.



02.2. ARMANDO MANZANERO

://INNERVIEW

What do you say to those people who share your same dream?

To do beautiful things with quality that will last forever. If you trust Coca Cola or Pepsi to support your career, then, if they leave you, you succumb. You have to be conscious that you are doing something good that will prevail; like they did in the times of Chopin and Mozart, there were no bad compositions.

What do you like to eat?

Everything that tastes great. To me it's indispensable to eat well; I could lose a friend over a bad meal. I don't accept food if I don't know where it comes from, in fact, if I'm invited to dinner, I will eat before I go in order to avoid the possibility of an unpleasant time. If I don't have a meal with Cubans, Venezuelans, Nicaraguans, Spaniards, I rather not eat. I hate McDonalds, Burger King, Hooters and places like that with all my heart. People who don't have a good palate, and don't know how to eat, have the advantage that they cannot distinguish a good meal from a bad one; but an Indian like me, who among his assets has had the luck of learning about great food, suffers. When a paisano of mine migrates to this country I feel their pain for what they have to eat while they make enough money to change the terrible eating habits of the working class. I consider myself to be a great chef.

What is your specialty in the kitchen?

Argentinean Asado, Chicken with Rice, Beef Steak of Cazuela, Onion Kidney...When I am in the kitchen, I don't even answer the phone and we like to have early dinners at around 6:30 or 7:00 PM.



Being a true Yucateco, what are the best plates from that exquisite type of food?

When you go to Merida go to a restaurant called La Tradicion owned by Dona Rita. It's true Yucatecan food, which is very elaborate. You can't blame a restaurant if it's not great because that kind of food is not easy to make. The typical plates are pucheros, escabeches, potaje de lentejas. Another great place is Hacienda Tella, is a little farther but also offers incredible Yucatecan food. Too bad for us though, we now offer a repertoire of Burger Kings, Fridays, Hard Rock and a series of places like those opened by bad people (laughs).

Tell us about music.

I find it pleasant to calmly go to a music store and choose a CD.

It's a beautiful distraction. I like Rod Stewart and musicians from the Netherlands. There are some people who still care about making great records. It's interesting to notice that cities that have lived through the blood of themselves and other countries, when it comes to music, all political barriers are broken. Another thing, if it weren't for Liszt, Chopin would not have succeeded.

02.3. ARMANDO MANZANERO



I am now finishing my new CD with Juan Pablo (his son). It's the birth of an illusion. I wasn't lucky enough to have only one marriage; I didn't have that capability of keeping only one. With Maria Cristina I had Juan Pablo and Mainka, and with Maria Elena, I had Diego, Armando, Maria Elena and Marta. Diego is in charge of contracts, dealing with the studios where I record, and things I don't want to deal with. Juan Pablo is in charge of the technical side and the romantic tones, I love that he does that. Well, this new CD includes 12 songs that are rich in South American flavor, something romantic, tropical and very different to what I'm used to recording. It's an attractive sound in which a band called Editus accompanies me in violin, bass and guitar. Also talents such as David Cabazos and Janet Chao collaborate with me. It's a change; I either flourish or I'll disappear, it depends on the acceptance of the public.

Anything else you would like to add?

I feel very thankful that young people like you, know about my music, it makes me feel transcendental. I feel honored really. People have to be strong. García Márquez (Colombian Nobel Prize in Literature) said, "Sometimes we think that we stop loving because we grow old and truth is we grow old when we stop loving." 🌟

decadence decanted

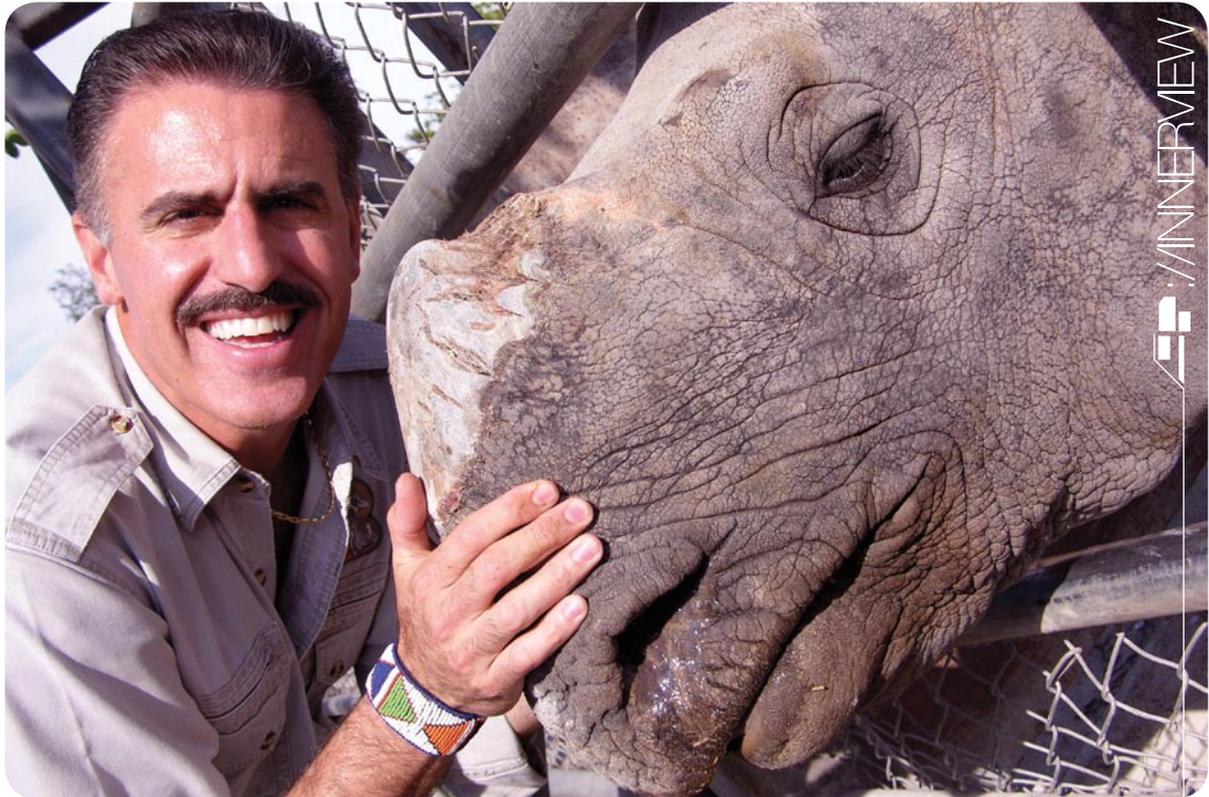
■ **Congratulations** to the
MIAMI WINE & FOOD FESTIVAL
once again you made our
Miamian hearts and **souls full!**

We hope to join you again on February 23rd to the 25th, 2007! Cheers!

5th ANNUAL
SOUTH BEACH
**WINE
& FOOD
FESTIVAL**
PRESENTED BY FOOD+WINE MAGAZINE

RON MAGILL AN ENLIGHTENING CREATURE

BY ALFONSO CORONA AND ISA TRAVERSO-BURGER



INNERVIEW

PHOTOS: ALFONSO CORONA & RON MAGILL

2. RON MAGILL

://INNERVIEW

Ron Magill is the Miami Metrozoo Communications Director and Goodwill Ambassador. His journey involves the task of connecting kids and people to nature and animals. In this Distrikt 'innerview' after which we were all moved by his sensibility, we truly perceived a glimpse of a real illuminati, one who perhaps could change the world to make it a better place, using only his heart. His child-like energetic disposition to communicate is contagious and uplifting. He has been interviewed by many important sources and has even met Michael Jackson, but he keeps his ego very low, and that's why we are fond of Ron. You will too after reading his soul.

Where were you born?

I was born in New York, my father was a Cuban immigrant; my mother was born in NY. I was raised in a 5-acre ranch that my parents bought in the 1970's. My father always had a dream of growing avocados and mangoes, so I grew among horses, mangoes and avocados.

What part of your body doesn't feel too good?

I feel great about everything. I've never had an alcoholic drink or a cup of coffee in my life. I have been injured a lot, bitten by several animals. I have stitches all over my body. On that note, on the positive side, I was bitten very badly by a crocodile and that's how I met my wife. She was part of my physical therapy team after surgery. I was in the hospital feeling horrible and then she walks in and it was 18 years ago. Even when some bad things have happened to me, the pay off is wonderful.

What do you do?

I started 20 years ago as a zookeeper, but I always talked about what I did.





02.1. RON MAGILL

://INNERVIEW

I love animals. My thing has always been the wildlife, so I love talking about it. Now I'm the Goodwill Ambassador of the zoo. I go out and do a lot of public presentations, to civic and educational groups; I do TV shows, but all with the purpose of getting people excited about the animals. One day I am in National Geographic doing a serious documentary, then, the next day I can be in Sabado Gigante making goofy faces.

What are you doing tomorrow?

I'm going to be with my family. I have found that family is the most important thing. I cherish that open affection that Latino people have. I used to hug and kiss my father everyday. I have a hard time understanding people who shake the hand of their parents. I can't imagine shaking my father's hand.

Tell us about an anecdote that changed your life.

I grew up watching one TV program; it was the Crocodile Hunter of my time: Jim Fowler. I watched him and said, "That's what I want to do with my life." Other than my father, he was my hero. Three or four years after I started working here and met him. We became great friends. He also presented an award to me for my work in conservation. I never imagined to be presented with such a prestigious award, in the city where I was born, by my mentor and hero.

What were you doing a day like today when you were 12?

I'd be outside turning around any rock I could find, looking for bugs, taking them home and looking at them through magnifying glasses.



In springtime, I used to find cocoons, put them in a jar, come home from school and look to see if it was yet a butterfly. My biggest thrill was to see if the cocoon was opening up. It was magical to see the caterpillar become a beautiful butterfly. I did all kinds of weird things. For example, I started putting animal bones together. (Grabs a huge frog) This frog it's a rare African Goliath frog, I put it together.

02.2. RON MAGILL ://INNERVIEW

Little kids build models, I built models out of skeletons. I learned that way about bone structures.

I've been so lucky; I worry that something horrible is going to happen. I have an incredible wife; two gorgeous kids and I worry about that because I have had such a great life. I'm living everybody's dream. I look at 20 or 30 thousand animals in the Serengeti, when I arrive in Africa, and I begin to cry. I'm 6'6, 225lbs. and I cry like a baby. I can't believe that I'm out there. I get so emotional. I want to make sure that the kids can see those places. One of my favorite quotes is:

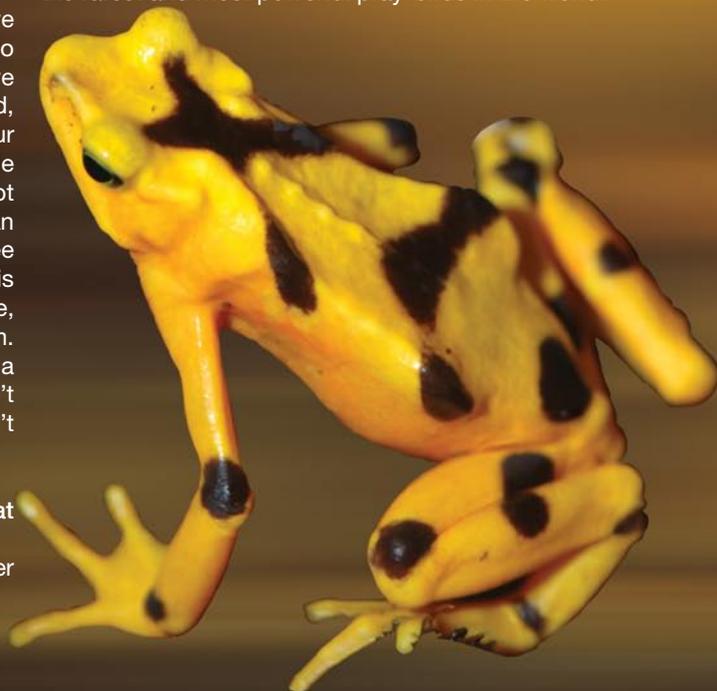
"We haven't inherited this earth from our parents, we are borrowing it from our children." So we need to protect it. Another one I really like is, "in the end, we protect what we love, we love what we understand, and we understand what we were taught." It's our obligation to teach kids. I visit the indigenous people in the rainforest and people look down at them. I got stung by a wasp really bad in the rainforest, an Indian came running, chewed on a bark and spit on my bee sting, in seconds, the pain was gone. It was. That is knowledge! If I could market and sell it in the drugstore, oh my God! There is so much we can learn from them. Whatever the illness, there is a cure in a plant in a forest somewhere. The most fascinating things don't have a price tag. There are so many things we don't know. That's what makes my job so great.

If you could mix three people to achieve a great human being, whom would you suggest?
It sounds cliché, but I would say my mother and father for all their inspiration.

My dad had a third grade education. My mom had an incredible personality. Then I look at somebody like Jim Fowler, a man with adventure, who showed the world about nature. Also, Mother Theresa, another cliché. I'm not a very religious person, I'm spiritual, but I believe that when I look at the rainforest up from the top of a tree, that I'm closer to God there than in any church. However, Mother Theresa demonstrated what she felt, she did things that were unbelievable. It was altruism at its best. She was an inspiration. The conditions in which she lived and still gave to the needy, is remarkable.

Which was your most important professional moment?

When I climbed a tree in the rainforest to capture a Harpy Eagle. This is one of my favorite animals; it was in Panama in my 30's. We found a nest; I climbed to the nest about 120 feet up. I've been with lions in the Serengeti, and swimming in the Galapagos, but this was one of the greatest moments in my life (shows an amazing picture of that very moment). This is one of the rarest and most powerful pray-birds in the world.



02.3. RON MAGILL ://INNERVIEW

Do you walk or fly?

I Fly (laughs) with my wife all the time. She is my savior in every way. Actually, a week in Africa is not as good as a week with my kids and my wife. I'm taking them to Africa for the first time on July 23rd.

Complete the following words:

Life is: absolutely wonderful and too short.

Power is: knowledge and experience. If I would have been offered, \$1,000,000 not to climb the tree to find the nest I wouldn't have taken it.

Art is: Nature- Art By God – To me art is something that cannot be duplicated, that's true art. It creates an emotion.

Money is: unfortunately a necessity for many things. It's overrated though. It can be the reason why people become unhappy.

Love is: the most important thing in life.

Sex is: absolutely phenomenal and even more when you're truly in love. It could be a driving force but it can make you do stupid things when you're young. When you find the right one, it's a great reinforcement as to how important love is. The best sex in the world comes with best love in the world. It's just another great line of communication between to souls.

What would you say to God if you saw him right now?

Thank you, as simple as that.

If you could ask all the people in the world to do one thing, what would you ask them?

It's a good question (Thinking). To say thank you to something and mean it.

What would you ask me?

What made you think of interviewing me? That always surprises me. There are really important people out there and I feel guilty because I'm only a zookeeper. How do you give an autograph without feeling kind of weird? TV gives credibility to people who don't deserve it. I hope that what you achieve with your magazine is to give the chance to people who you never hear about. There are so many great stories of people doing wonderful things. I'm thankful for the public attention only because it has allowed me to bring joy to terminally ill kids and other children. I want them to understand that their teacher is the hero, not necessarily the people they see on TV. ☺



PHOTOS: RON MAGILL

for **free** digital **issues, blogs,**
forums & community

please visit

www.distriktmag.com



INNERVIEW

UP & ABOVE

IN THE LINE OF DUTY

01. SERGEANT TOMAS TURPIN

INNERVIEW

BY ALFONSO CORONA AND
ISA TRAVERSO-BURGER

You've seen helicopters flying over South Florida; and you never know if it's because there's a celebrity cruising around Miami or because the President is in town. Well, it could be both and more. Sergeant Turpin explains the requirements and the pressure that entitles to watch from a birds-eye-view what happens in the city below. According to his years of expertise in the Miami Dade County Police, suspects can run and hide, but nobody can escape from the flying object. He thinks it's a privileged job and he claims it's far more difficult than flying a plane. Twenty years ago he detained someone and as he enforced his motorcycle police badge, the detainee was about to take off and become a fugitive, but when the suspect saw the helicopter flying over him, he surrendered and placed his hands on top of his car. That day, Tomas Turpin knew what he wanted to do for the rest of his life.

PHOTOS: ALFONSO CORONA

02. SERGEANT TOMAS TURPIN

://INNERVIEW

How does anyone become a sergeant?

You become a Police Officer first; attend the academy, time on the street, and you get transferred to different sections. The most sought out position and hardest as a police officer is the lieutenant. You have performance evaluations to show that you have done good jobs. In order to qualify there is an interview process that consists of past performances and the kind of experience you have in the aviation field. There are minimum requirements like for example, already being a pilot. Then you have to get a commercial and helicopter rating, it takes many hours to qualify for eligibility. There is a sergeant, two sergeant positions in the unit and 9 police officers plus one Lieutenant; everyone has to be a pilot. We generally have a turn over, every 5 to 7 years there is an opening, and once you're there you don't want to leave. That's why there are a lot of young guys waiting for people to retire to take their job. It takes extra effort. You don't come in here and get trained as an aviator. You find people spending a lot of money to get all the rating. They spend between 60 to 75 thousand dollars of their own pocket to get all the training hoping that they might get selected. It's very competitive. One lucky person out of the 8 to 10 applicants will get the job. Once you get into the unit, you go train to become a police pilot.

What's the difference between a regular pilot, a policeman and a police pilot?

There is a difference between the regular civilian pilot and a police pilot: the type of flying we do. We require the athletic skill that most pilots in the flying environment don't need. We in the law enforcement do everything from vehicle pursuit, to minimizing the hazard of other citizens driving the streets.



INNERVIEW

02.1. SERGEANT TOMAS TURPIN

We will take control of the pursuit, police vehicles can back off and we give directions of the whereabouts of the subject. It's almost impossible to get away from a helicopter. The chase can last from a couple of minutes to an hour. Once the vehicle is stopped, and the subject gets off the car, we set up a perimeter where the helicopter flies at about 500 feet from the ground. We have to be coordinating and directing everything from the sky.

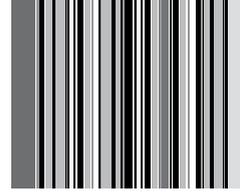
To try to give you the feel for what's going on, I can say that the adrenaline is pumping; you don't even know what the suspect has done. Air traffic controllers provide air-to-air frequency. Sometimes news helicopters talk to us and help out. It could have been a bank robbery, burglary, or pursuits, whatever it is you have to coordinate what's going on. We go as far as patrolling Dade County looking for stolen vehicles on canals, or looking for missing people. We have to watch out for power lines, speak to 3 or 4 different people at the same time and in conclusion the average workload is 10 times greater than the average police officer on the street. You are doing 10 different things while flying an aircraft. When you land, you're exhausted.

We also do a patrol focused on PR where we look for the migration of manatees.



And when government officials or heads of state come to the city we may serve them for transportation purposes. When this happens, the air system is closed for certain perimeters. The Secret Service, as well as the Federal Government help to coordinate everything.

When a natural disaster occurs, like Wilma, we have to fly over 90% of Dade County with spotlights to view things that may be happening or that already happened. Most times, representatives who assess the damage accompany us, or County Managers and Federal officials who need to get a birds-eye-view. I believe that without the aviation union, law enforcement could not function appropriately.



02.2. SERGEANT TOMAS TURPIN ://INNERVIEW

What anecdote can you think of?

To me it's routine. I don't know what would be...I don't know, we do different things.

When a small aircraft went down off the coast of Miami Beach, before we knew how large the impact, we launched two facilities. Channel 10 beat us to get the story (smiles). We arrived to the scene and saw the destruction, and all personal stuff floating over the ocean. We were there for 30 minutes while supporting units arrived.

To be honest, we run into unpleasant things; homicides, elderly being beat up, suicides...We see other perspectives from above, we can see things as they happen, not a one-dimensional view. Two months ago, a gentleman out of the military went berserk and he had knives with which he started stabbing, robbing, running...The units were looking for him but the pilot saw something going on in a yard and he actually saw the stabbing from 500 feet or so. Most pilots can't go down to such a dangerous altitude. It's actually hard and then finding a place to land in case of emergency. It's a mundane and routine job but it's very rewarding to watch how beautiful Miami really is; to fly west during the sunset is really gorgeous.



What's the advantage of having an aviation unit?

It's accurate radar, a parade to airborne. Several law enforcements cannot patrol all day. The aviation unit has been effective since the 60's and we have the ability to patrol 24/7 looking for things before they happen. We are always prepared so we have the chance of being in the scene before or while it happens. We listen to radios and are always aware, when the weather is bad, the pilot in command has the sole discretion to decide, "I'm going or not." It's a million dollar aircraft and we also worry about our safety. Other than the weather issue, we can pretty much choose to do everything.

02.3. SERGEANT TOMAS TURPIN

Just for the record, is the helicopter the toughest to fly?

Not if you compare it to an F-18. The type of aircraft we operate is very difficult. That is why we require a rating in helicopter flying. The fixed wings aircraft we have serve a good purpose. Surveillance helicopters require full control whereas an aircraft like an airplane, you have a steering wheel, rider pedals and as long as you can coordinate it and get airborne over 10,000 feet, you can let go and the plane flies itself. In a helicopter you can't take your hands off the control, you have to avoid spinning and aim for balance. We have 12 pilots in the unit and they all are great at what they do but we always continue to get better. For example, we are sent to Dallas every year, whether you like it or not, to train in safety and make you a better pilot each time. It's a continual process because once you get into the unit and become a professional police pilot you will train to become a flight instructor to teach new pilots. When you go for a four-week vacation and return back to your duties, you feel you have to concentrate even harder because it's an everyday exercise to do this job. It's such a great job that we have policemen doing it for free; well they get paid \$1 per year. In this branch of law enforcement, even supervisors have to be aviators and we get all the support from Dade County. 🌀





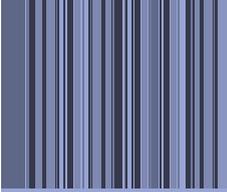
CHILDREN ARE LIVING IN POVERTY IN SOUTH FLORIDA
\$100 = 600 MEALS

HELP END HUNGER NOW!

For every dollar donated, Daily Bread Food Bank can distribute enough food for 6 life-saving meals. For more information, call 888.633.9861 or to make a life saving donation, visit us at www.dailybread.org or mail to the following addresses:

5850 NW 32nd Ave. Dept. D, Miami, FL. 33142 • 2970 N.W. 27th Street Dept. D, Ft. Lauderdale, FL 3331
426 Claremore Drive Dept. D, West Palm Beach, FL 33401





SPECIAL



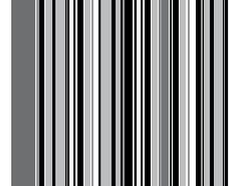
ANOTHER OPPORTUNITY once again.

BY ELI BRAVO

If we look south of Key West, it seems a red wave drowns Latin America. A litter of socialist, indigenous, world-altering and anti-American presidents are declaring against the White House, while they promise a different world, where social justice will prevail as the hopes of the poor are fulfilled. And in Latin America everyone is listening: according to the UN there are 213 million people (40% of the population) under the line of poorness and of those, 88 million live with less than a dollar a day. When you have nothing, anything is an earning and promises sound sweet. That they will happen, that's another story. But from the North, the apparent uniformity of this wave hides the different tides that move below the surface. It's true that the countries in the region look alike, but they are not equal, and to put them all in the same basket leads to mistaken diagnostics and many stereotypes.

What is now called the 'turn to the left of Latin America' extends from the progressive to the 19th century socialism of Hugo Chavez in Venezuela, passing by the pragmatic populism (although it sounds like nonsense) that Nestor Kichner conducts in Argentina or the indigenous nationalism a la Evo Morales in Bolivia.

The United States has all the reason to be worried about the incidents in the region.



SPECIAL



Since 5 years ago the economic recipes of the World Bank and the Monetary Funds have been received with mockery, and are even accused of being the cause of every dreadful thing the population suffers. In 2006 there will be nine presidential elections in Latin America and the speeches of leftist candidates in some countries, like Ollanta Humala in Peru and Lopez Obrador in Mexico, are very radical and openly anti-American. If during decades Washington thought that its backyard began from the Big River downward, now the neighbors are rebelling and revealing a few private details. "Latin America is a continent of rarities," said Argentinean writer Tomás Eloy Martínez, "where always what nobody expects is what happens". Or like a friend told me during the sobremesa, "who said we have to be coherent? It's enough we have to coexist!" Truth is, it's a continent that has moved like a pendulum between illusion and un-hope. During the 50s the dream was for modernity to change the rural mentality of the capital cities. In the 60s the ideal communist revolutionary would transform societies from its foundation to create a new human. During the 70s military dictatorship promised order and progress through the life of thousands of disappeared people and in the 80s we could only hear talks about the lost decade.



The 90's was a time when it seemed to be an economic reactivation thanks to the liberalization of the market and privatizations, but with the arrival of the XIX century, the continent found itself on the same place: far from development, full of inequalities and with deep poverty.

The democratization of Latin American societies has allowed for all the governments of the region to result on popular elections (of course, if we are capable of believing that elections where there is only one political party, with one candidate (like Cuba) is similar to democracy). But the victory of democracy hasn't brought social or economic development: a Latin barometer survey done last year revealed that a great quantity of citizens would be willing to sacrifice some liberties and democracy in exchange for better results from the government. But that doesn't mean that we miss the times of right wing dictatorship, instead it means that the people wish for strong governments that listen to their needs. Good governments, although you are not a believer, exist and are possible.

It's in the middle of this scrambled sea where the red tide surges, or how some like to address it, turn to left. The promise of a government capable of providing well-being, equality and integration sounds like a divine chant within the neediest classes. This is how, during elections, the winners are populist speeches like those of Hugo Chavez or the indigenous vindication of Evo Morales. The same way (although with a different focus) Lula Da Silva arrives to power with the Labor Party. It's the promise of a new regional order capable of creating new rules to the game, and aspiring towards a model genuinely continental: a great block from the south able to create a new system, measuring the continent, far away from the influential and dominating US sphere.



“Certainly Latin America is now more independent than the U.S” says Larry Birns, director of the Council for Hemispheric Affairs, “but this doesn’t mean that the continent is moving in the right direction and that Washington is acting the best way.” If something characterizes the presidents of this red tide it’s their strong posture before the USA, a low risk and high dividend tool, moreover after the discredit of the present administration. “What happens is that Washington’s Foreign Policy views Latin America through the prism of Havana, and the same happens the other direction, so as to create a discussion about right and left that little helps understanding and progress” says the director of the Center for the Studies of Latin America and Caribbean of FIU, “but there are many differences among the various governments and more rhetoric than actual events in the declarations.” For example, while Chavez assures that there is a conspiracy from the White House to exterminate him, every day there are chargers full of oil heading to the USA, the primary client.

But, have these governments accomplished anything? The real results are about to be seen. According to CEPAL, between 2003 and 2005 13 million people came out of poverty and most countries show a degree of growth.

This has been possible thanks to the increase in social plans, in other words, the money that the government gives to health plans, education, security and assistance, which was elevated in 39% between the beginning of the 90’s and 2003. But, in the long term, can they accomplish their promises? Like I said before, that’s another story. It is yet to be seen if these governments are able to reach a long-term growth based on productivity and investment, especially private investment those, in most cases, feel uncomfortable facing the radical positions like those of Chavez and Morales for whom capitalism is the worst evil of humanity and must be fought till the end.

If you look south of Key West, it is possible to view a political tide that inundates Latin America. And it promises to change it forever, again. If the new leaderships are capable of taking advantage of the support of their people and are able to navigate between the rules of economy and politics, they may reach their goal. But if they insist on an ideological and rhetoric battle, the train of history will pass by and once again the continent will remain in the terminal, waiting for a new opportunity. ☺

FAIRCHILD TROPICAL BOTANIC GARDEN: “MIAMI’S OWN ENERGY VORTEX”

BY SHANKAR AND ISA TRAVERSO-BURGER

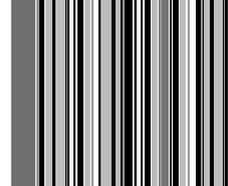
The Fairchild Tropical Garden founded in 1936 is one of the oldest institutions in Miami Dade. Its main focus is on conservation and education believing that botanic gardens grow people and plants. The peaceful surroundings and interesting art exhibits are an opportunity to explore the ancient link between plants and people. Even if you don't know about flora and fauna, you will be delighted by the unusual facts and the pleasant journey when you visit this natural habitat. Tropical plants are part of everyday life. Particularly in Miami, we are in a wonderful position to explore.

Chihuly is the precursor of blown glass in the form of sculptures. His inspiration: environmental art.

Now until May 2006, Chihuly's exhibition will be on display at the garden and in this case it also allows for an education opportunity for students in grades K-12 in order for them to connect glass, nature, ecology and technology. Mike Maunder, Director of the Museum spoke to Distrikt.



PHOTOS: ALFONSO CORONA



Where did you get the idea to bring an artist like Chihuly to the botanical garden?

Over the last three years we have brought more artists to the garden. Venezuelan Patricia Van Dalen, then the Luminous Garden two years ago, the McKee Gallery brought a Daisy Youngblood sculpture. We needed something really big, and with Chihuly we achieved another level.

This is the first of our annual sculptor exhibitions. We present one major art exhibition per year, but smaller artists are presented ongoing throughout the year. There is also the The Rare Event -A Connoisseur's Auction of Rare and Uncommon Plants- which benefits conservation purposes.



SPACE

What do you expect from Miami?

Some people don't even know about us down here, we are Miami's best-kept secret, a world class, beautiful botanical garden dedicated to conservation. Down the line, we plan to become the central part of Miami, the defining public space.

How will the visit of Chihuly enhance the Fairchild?

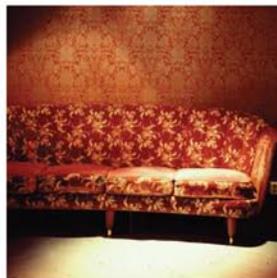
Young kids are blown away by the art pieces, people from all over have visited, not only the traditional group that visit the botanical garden on a regular basis. It's a sad reality that parents take their children to the Fairchild only when the zoo is closed. They should appreciate that they can explore the beauties of the tropics and be exposed to thousands of trees, flowers and plants that you can't see anywhere near Florida. Our mission is to let everyone understand what the garden is about. We feature live music, have a delicious restaurant on location and many different events and activities throughout the year. The intention is for everyone to know about it.

Even though some people are not sure of what will happen inside the garden after CHIHULY is gone, we thank this beautiful and lively space for bringing to the city the incredible mastery of this world-renowned glass sculptor. ☺





**Demasiado
que
expresar**



**¿Quién dijo que
demasiado es demasiado?
¿Quién impone
los límites?
¿Quién los juzga?
Sólo yo.**



Nuevo Mercury Milan 2006
Demasiado equipado.
Demasiado diferente.
Demasiado perfecto.
Demasiado...mío.



Desde \$18,995¹ Hasta 32 mpg²

¹MSRP del Milan I-4 del 2006, impuestos y tarifas de título y registro son adicionales. Como se muestra, Milan I-4 Premier del 2006: MSRP \$20,890.
²Estimación de mpg del Milan con motor Duratec I-4 y transmisión automática de 5 velocidades, según EPA: 24 en ciudad/32 en carretera.

- CARS + COMMUTING =

COST EFFICIENT, GREENER SOLUTIONS

BY ISA TRAVERSO-BURGER

Did you know that there are about 400 available rides to share for your commute to work, everyday and at all hours? You can even find partners for road trips and to go run errands. Why does this matter to you? Because the savings are huge! According to Easyride, "A forty mile total daily commute costs about \$2600 per year, estimated as of 2003. Ridesharing with one other person can save you \$1300. Double the figure for an eighty-mile total daily commute." Other than sharing rides and splitting gas costs, there is also Amtrak and Greyhound for inexpensive prices; it's not bad at all, I've tried each one, although the comfort of a train beats riding a bus anytime.

Let's say you can't really do the share-a-ride thing because you have an attitude, or because you're not fond of giving control of your life to someone else. Whatever. And let's pretend you are not comfortable enough to ride a bus, nor the train. So, that's fine as long as you pitch in to help the environment. How? By reading these suggestions we found while doing research. Most of them you probably don't know about.



We learned that going hybrid is the right way, but there are other alternatives. The way you keep your vehicle and the way you drive will cause an environmental impact.

- Avoid rapid starts and forceful driving- gas to the pedal means more money and higher pollution. Listen to this: “one second of high-powered driving can produce nearly the same volume of carbon monoxide emissions as a half hour of normal driving.” Damn!

- Avoid rush hour –I don’t think Miami can apply– stop-and-go driving as well as carrying loads, and even your air conditioning increase fuel consumption.

- Keep your tires inflated. The pressure recommended is in your owner’s manual..or ask someone who owns the same vehicle. You should check regularly.

- Seek out for LRRs (low-rolling-resistance) tires. These improve your car’s fuel economy.

- Getting a tune-up also helps fuel economy, and we like that word, ‘economy’. But always make sure your vehicle fluids are disposed or recycled.

Don’t forget the oil and filter change. And don’t overlook, if something lights up on the panel inside your car, go figure out what it is.

- Unless your car requires it, premium, high-octane fuels don’t help the car’s performance or your fuel economy. Now, THAT you didn’t know, ha?

- Don’t spill gasoline when trying to fill up the tank past its limit. It evaporates or can leak into groundwater.

- Look for the black accordion-looking nozzle hose, they offer a vapor-recovery system.

- Try to park in the shade to minimize evaporation of fuel. Who would park under the sun anyway? If you live in Florida and have no option but to be under a hot sun, get the windshield shade to ease up the heat. If you’re in Louisiana, “it’s not the heat, it’s the humidity.”

Finally, we go back to the basics: sharing rides cuts pollution, reduces traffic, and conserves energy. Ask your community or office if they have a Commuter Choice program. If not, suggest to start one. We only hope, they’ll listen. ☺



PERISCOPE
TELESCOPE
MICROSCOPE

distrikt

KUMA

YEARS 10 20 30

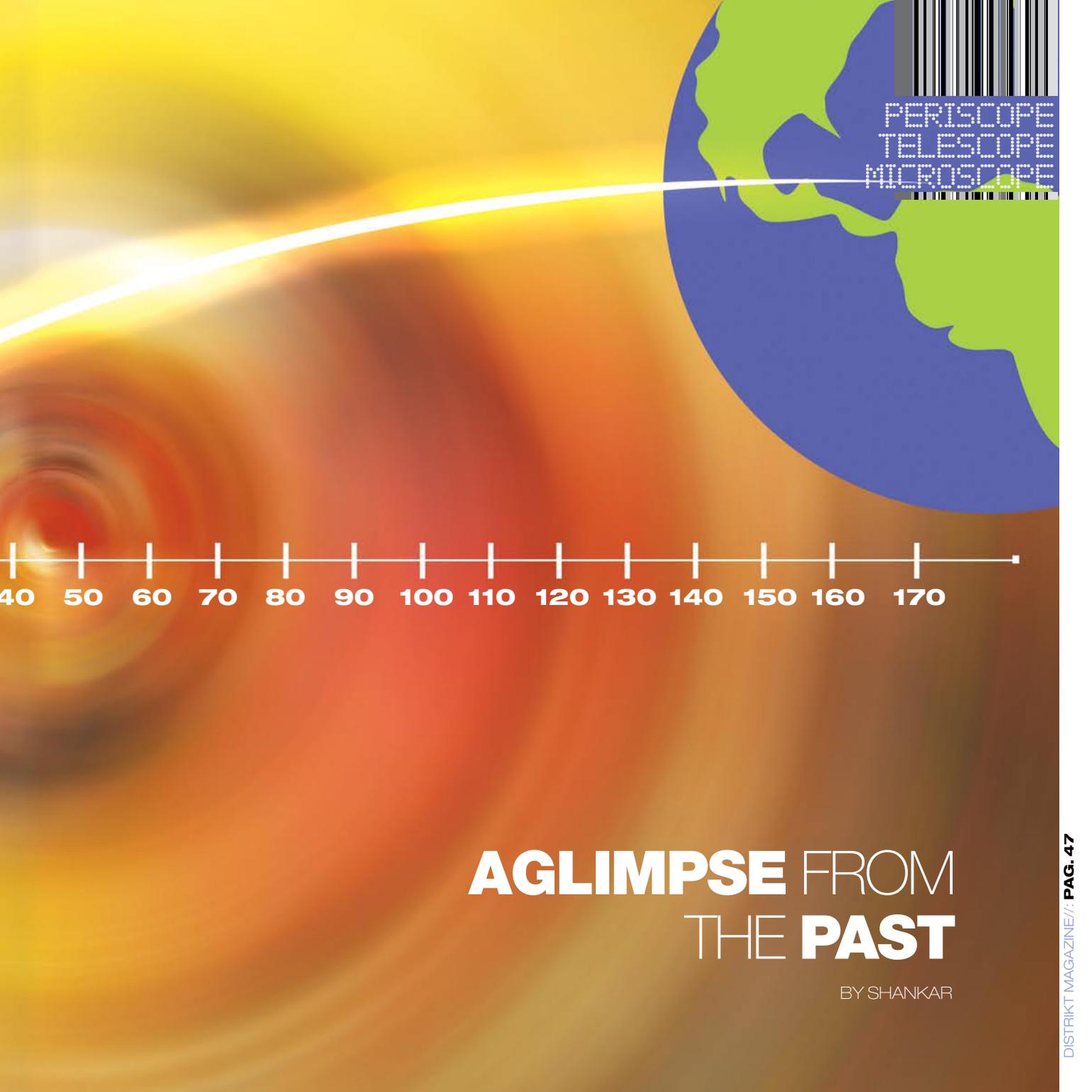
KUMA-DISTRIKT

Thanks to Maria Sarmiento, we now have a new member of our exclusive family: Kuma Distrikt. You will be reading some of his material and he has a lot to say with a unique vision. Turn the page and meet the character! The special optic piece gives him, the unique perspective that you are about to read.





PERISCOPE
TELESCOPE
MICROSCOPE



40 50 60 70 80 90 100 110 120 130 140 150 160 170

AGLIMPSE FROM THE PAST

BY SHANKAR



PERISCOPE
TELESCOPE
MICROSCOPE

We might be tired or confused about time/space theories that we've seen in all sorts of weird and not so weird stories about the past and future, but there's one in particular that attracts me the most because it's scientifically possible and so far, un-refuted.

This theory talks about viewing the past of our planet or other planets....Yes! you read right and let me explain how this can be possible...

Fact: All of the objects we see here in our planet or in space we can see because they reflect light. This light is 'produced' by a star near them, like it happens with our solar system and our planets.

In the first place, what we see through a telescope in other planets and stars is only their past.... some of these objects might not even exist anymore and we still see them. Talk about eerie!

This past that we're talking about can be hundreds or thousands of years old depending on the distance between them and us. This happens because of the time that it takes the light from these planets to travel to Earth to be 'viewed' by us through a telescope or in some cases through the naked eye, as it happens with the moon. Light travels at a speed of 300,000 Km per second or about 186000 Miles per second. Although this speed sounds really fast, in space it is not, specially if you realize that it takes about 8 minutes for our sunlight to reach Earth. This means that if the sun explodes right now, we would find out 8 minutes later.... this is because it takes this amount of time for the light, and in this case the explosion, to travel in space and get to our planet.

Now imagine a planet that is just a bit far, lets say 40, 60 or 500 light years away from us; this means that if you're traveling at the speed of light, it will take you 40, 60 or 500 years to get there.... by the way, right now with our technology, it can take us almost 3 years to get to Mars which is only 'a planet away' from us.... so imagine how far the rest of the universe is.

Let's use an example: we're sitting on a planet on November 22nd, it is located at exactly 43 light years from Earth (there's no planet that close to us but let's take this example), there's our good friend Kuma Distrikt with a mega powerful telescope inviting us for lunch. Then, Kuma Distrikt finds our mighty planet Earth and points this super telescope to Dallas, Texas (Home of the Dallas Cowboys) the same way we point to the moon's craters.

If this happens, we can watch for a couple of minutes and be an instant witness of the day, time and place that JFK was murdered in Dallas, TX 43 years ago.

This is because the light travels almost indefinitely in space and if you're in the other end, you're watching a reflection that has been 'traveling' for a long time now. It sounds amazing doesn't it?

Can you imagine the rest of the possibilities for this theory? Not any practical ones because of the technology that we have nowadays, but this is a fun and real scientific theory.... if you can think about other interesting events that took place outdoors that might be worth to take a look at, please let me know and if you didn't understand what I just wrote, also let me know and I'll be happy to explain it in some other way.... but for now Kuma Distrikt and I have to eat our lunch because it's getting cold...thanks for reading ! ☺

CASA ARAGONES

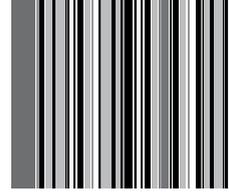
BY SHANKAR

When we talk about structure in this Arki section, we are not referring to a big space or expensive space necessarily. We may be talking about a spiritual or transcendental place.

In this case, Casa Aragones is more an atmosphere than an edifice and let me share my view on why this is the case.

The entrance to the house is located at the top story, at street level; the trip begins through an extended white hallway where objects inhabit the space that will take you all the way to a dark but elegant elevator.

The three-story-high dome elevator takes you down to a very serene and dark-yellow dimmed light, then, slowly it opens to reveal a wonderful and almost blinding whiteness that surrounds the area.



In front of you, all white marble tiles even covering the walls with a flawless fixture in every single one of them, hand placed, followed by white marble all over the floors with changing textures that can only be noticed when you decide to look deeper into the white-on-white experience. This is how heaven must look like!

Then, in certain places, Cauduro masterpieces adorn a living space that closely looks like another dimension and the pieces were painted exclusively for Casa Aragones.





To access the rooms you have to walk an extra story and then find a long and dimmed hallway that ends with another space where a steel gear is portrayed like from another universe or else, it was left there by mistake or it could even have been found somewhere in time. Surreal? Yes!

Once you enter each room you'll have a color surprise with every wall, the paintings and traces offer a perfect complement to the ongoing purity of white that does not abandon you.

After visiting the rooms you feel cozy and protected by the sudden change of mind which arises from the new dimension of color; it's impressive as the feeling of having a mountain side right next to you. When you spend a certain amount of time inside this space your brain strangely relaxes because of the white consistency and out-of-this-dimension illumination.



You may think that all white makes this space cold and lonely or empty, but truth is that I heard “the bigger the soul, the larger the space to be filled,” so I guess the people that live here have larger spirits. For a minute I understood that the genius behind this creation is perhaps more elevated; sometimes misunderstood minds and spirits among us can create major forms and different proposals of beauty.

This is almost an impossible place to envision, design, build and most of all live in; the only thing that I can assure you is that once you let the essence of this magical place flow, you’ll definitely have a change of mind about your ideal place to subsist. You think that you live in paradise? Think again! ☺



ARKI



F... F...



GUACAMOLE TRENDS

QUOTES: JOEL, VANESSA.
STYLIST AND MAKE UP ARTIST: JOEL MOLINA
MODEL: ERIN WYATT BY ELITE MIAMI
PHOTOS: ALFONSO CORONA



E..E

**a homeless man did 3 perfect
circumferences around us**



the renter of the terrace where we shot
the pictures had a fascinating and cool
look.



F..F..



No music this time,
just city sounds.



F.. F..



a guy drove by and stopped
to acknowledge her looks.



make-up and hair were done on
the side walk under the sky.



very delicate skin on this
attractive girl. ©



PORTUGUESE LANGUAGE

BY ISA TRAVERSO-BURGER

Many great things come from Brazil, not only Rio de Janeiro's Carnival and famous drinks such as Caipirinha. That's why we pay homage to their gorgeous, sensual language in this Distrikt issue. Read on and remember to practice, practice, practice.

Fernanda Montenegro won an Academy Award for Best Actress for her role on the film, "Central Station". Gisele Bundchen is known not only for her spectacular modeling career but also for her past relationship with Leonardo Di Caprio. Both are proud Brazilians and so are these notorious characters:

Fernando Meirelles

director of "City of God"

Lúcio Costa

(1902-1998), architect
creator of Brasília

João Gilberto, singer
and composer

Gilberto Gil (1942-),
singer and composer
and Minister of Culture

Caetano Veloso (1942-),
singer and composer

Walter Salles

award-studded director
of Central do Brasil.

Paulo Coelho (1947-),
writer

These are a few of the popular futbol figures (remember they live for what Americans call SOCCER): Cafu, Pele, Zico, Ronaldo, Ronaldinho, Romario, Roberto Carlos, Garrincha and lets not forget the popular Formula 1 racers: Fittipaldi, Senna, Barrichello, and Piquet.

Portuguese is spoken in:

Brazil, Portugal, Angola, Mozambique, and several other Communities of Portuguese Language, Cape Verde, East Timor, European Union, Guinea Bissau, Macao S.A.R. of China, and São Tomé and Príncipe.

The total number of speakers is about 210 million.

Portuguese (português) is an Iberian Romance language that originated in Portugal.

Learn some phrases, just read textually:

Black:	Preto (PREH-too)	I'm finished:	Já acabei.
White:	Branco (BRAHNG-koo)	That's too expensive:	É muito caro.
Red:	Vermelho (ver-MEH-lyoo)	I only eat kosher food.	Só como kosher.
Orange:	Laranja (lah-RANG-jah)	I don't eat pork:	Não como porco.
Butter:	Manteiga (mahn-TAY-gah)	I don't want it:	Não quero.
Chicken:	Frango	How much is this?:	Quanto custa?
Fish:	Peixe (peysh)	When is closing time?:	A que horas fecham?
Ham:	Fiambre	I want ____:	Quero ____.
Cheese:	Queijo (KAY-zhoo)	May I have some __?:	Pode me dar __?
Eggs:	Ovos	May I have a glass of __?:	Quero um copo de __?
Bread:	Pão (powng), pl. pães (pighngsh)	May I have a bottle of __?:	Quero uma garrafa __?
Beans:	Feijões	I'm not interested:	Não estou interessado/a.
Breakfast:	Pequeno-almoço	I can't afford it:	Não tenho dinheiro suficiente.
Lunch:	Almoço	...stomach medicine:	...remédio para as dores de estômago.
Beer:	Cerveja (ser-VAY-zhah)	...an umbrella:	...um chapéu de chuva.
...a pen:	...uma caneta.	...postage stamps:	...selos de correio.
I need...:	Preciso de...	Uma mesa para uma/duas pessoa(s), por favor.	☺
A table for one person/two people, please.			

TUNE QUESTIONNAIRE

If I were a song, I would be...



ALEXANDRA BETANCOURT
"TUS ODOS" BY LOS MELODICOS

- 1.- "La Tortura" by Shakira
- 2.- "Lloraras" by Oscar de Leon
- 3.- "I Will Survive" by Gloria Gaynor
- 4.- "Solo" by Los Adolecentes
- 5.- "Valio la Pena" by Marc Anthony
- 6.- "Temperature" by Jean Paul
- 7.- "Tu Amor me Hace Bien" by Marc Anthony



MARTHA CARILLO
WILD THING BY THROGGS

- 1.- "Tell me it isn't True" by Bob Dylan
- 2.- "You are the Sunshine of my Life" by Stevie Wonder
- 3.- "There is a Mountain" by Donovan
- 4.- "Up on the Roof" by James Taylor
- 5.- "Spirit in the Sky" by Norman Greenbaum
- 6.- "Tapastry" by Carol King
- 7.- "Cocomo" by Beach Boys

NIDIA DELGADO
"TODO PERO NADA" BY LUIS MIGUEL

- 1.- "No me platiques mas"
- 2.- "La Puerta"
- 3.- "Inolvidable"
- 4.- "Inolvidable"
- 5.- "Te extraño"
- 6.- "Cuando Vuelvas a Mi Lado"
- 7.- "No Se Tú" (All this by Luis Miguel)



PATRICIA SANCHEZ
"UNWRITTEN" BY NATASHA BEDINGFIELD

- 1.- "Your Beautiful" by James Blunt
- 2.- "Love is a Battlefield" by Pat Benatar
- 3.- "Don't Bother" by Shakira
- 4.- "Hips Don't Lie" by Shakira
- 5.- "Girls Just Want to Have Fun" by Cindy Lauper
- 6.- "Dust in the Wind" by Kansas
- 7.- "Tu Amor me Hace Bien" by Marc Anthony



HUMBERTO MARTINEZ
"I DID IT MY WAY" BY FRANK SINATRA

- 1.- "Aprendiz" by Alejandro Sanz
- 2.- "Carozo" by Andrea Bocelli
- 3.- "La vida es un Carnaval" by Celia Cruz
- 4.- "Desapariciones" by Mana
- 5.- "Marinero de luces" by Isabel Pantoja
- 6.- All of Alejandro Fernandez
- 7.- "Gasolina" by Daddy Yankee





Welcome to another edition of Echo, where we gather the most interesting quotes from sources such as: Associated Press, Newsweek, Sports Illustrated, CNN, MSNBC, Reuters, New York Times, IMDB, and foreign press. The word is mightier than the sword, always.

1. "Spain is the country where we have the most vices, where people drink most, where they smoke most, where you go to most parties. That's just typical Spain."

30-year-old jewelry designer, Josefina Suarez, on the law passed by Spain aiming to reduce cigarette smoking in public.

2. "This great city will rise again"
President George Bush, on New Orleans rebuilding, days after Katrina struck.

3. "The era of finding isolated tribal groups is probably over."

Dr. Fratkin, a professor at Smith College who has lived with the Arikaal for long stretches and is regarded by some of them as a member of the tribe.

4. Have you ever tripped on acid and listened to music?

That's for another interview. [Imitating a preacher] Got to stay clean here, brother!

Rolling Stone interview on Academy Award Winner, Jamie Foxx

5. "You can make me go to bed, but you can't make me go to sleep. It's my brain!"

6-year-old Max Bloom, son of Paul Bloom, a professor of psychology at Yale University and author of "Is God an Accident".

6. "I remember how it fucking smelled. And that shit blew my little mind wide open. I became so obsessed with the Beatles from the age of six until the age of ten or eleven. I used to jump off my roof and try to say all their names before I hit the ground. I only did it a couple of times. It hurt."

Dave Matthews on the Beatles' Magical Mystery Tour

7. "I'm the guy you're looking for"
fire fiend Peter Braunstein, before stabbing himself in the neck on a Tennessee college campus, in front of armed cops.

9. "That's not going to stop Mexican migration. More lives will be endangered but filtration will continue."

Jose Puente, political consultant of BraceroProa, an organization that represents Mexican ex-braceros - On the possible creation of walls on the borders between Mexico and the U.S.A.

8. "It's a historic process because (Evo) is the first indigenous candidate to be ahead in an election. But his ideas are too radical for a developing country."

Javier Pacheco, a 34-year-old Bolivian architect- on who would he vote for. ☺



©2005 Logitech. All rights reserved. Logitech, the Logitech logo, and other Logitech marks are owned by Logitech and may be registered. All other trademarks are the property of their respective owners. iPod is a registered trademark of Apple Computer, Inc.



Party to go.



Logitech® mm50 Portable Speakers for iPod®
Imagine speakers as portable as your iPod®, yet with 3-inch pressure drivers that dish out smooth, rich bass. Better still, a long-lasting rechargeable battery keeps the party going wherever you go.



www.logitech.com

Designed to move you™



Logitech.



601 SOUTHWEST 8TH AVENUE
MIAMI, FLORIDA 33130

*Celebrating 75 Years of Hope,
Confidence & Independence*



THE MEX-STORY

IMAGES COURTESY OF: NUVISION

BY SHANKAR

The history of Mexican cinema begins in 1896. It started before the revolution that forever changed the history of this country in 1910.

The golden era came during the 1930's along with eternal stars like Pedro Infante, Jorge Negrete, María Félix, Sara García among others. Don't assume that they were soap opera types of actors, these characters are really remembered as pioneers and hard-working, talented inspirations.

This golden era lasted until the late 1970's with movies based on "Luchadores" or wrestlers; those are now super kitsch and expensive collectible items in places like Japan and Europe. I bet you didn't know these fighters were Mexican. Yes, and Tex Mex food isn't.

This important and creative era ended with the creation of action films that tried to imitate the Hollywood cinema and turned out to be "B" movies in every case. Only Hollywood can be allowed to produce Hollywood-style films. The consequence of this decadence was a complete failure of attendance to the movie theatres. It generated a lack of trust from the Mexican audience who called these movies "churros" or cheesy stuff. Ironically, Hollywood even today is considered cheesy for some people, and perhaps Mexicans don't think it's cheesy when Tom Cruise tries to stop the War of the Worlds. Of course, with great money comes great special effects and that makes a difference.





After several years of struggling with lack of content and quality elements, the comeback of this visual art took place in 1992. Since then, the Mexican independent cinema has been going through a very important phase of growth and evolution. One that we hope will continue to develop successfully.

The early 2000's gave birth to the world-wide-known AMORES PERROS that positioned Mexico, once again, in the land of the independent cinema of the world obtaining an influential tendency that can be noticed even in the Mecca movie market.

If one of these days you feel like watching classic movies and are interested in knowing a bit about the roots of the 7th art, south of the border, grab some tequila and spicy food and you should definitely choose one of the following:

- >> Allá en el Rancho Grande (1936)
director Fernando de Fuentes
- >> Los Tres Garcia (1947)
director Ismael Rodriguez
- >> Pepe el Toro (1953)
director Ismael Rodriguez
- >> Angelitos Negros (1948)
director Joselito Rodriguez





The following contemporary films are really worth seeing:

- >> Como Agua Para Chocolate (1992)
director Alfonso Arau
- >> El Callejón de los Milagros (1995)
director Jorge Fons and Salma acts as a hooker.
- >> Dos Crímenes (1995)
director Roberto Sneider
- >> Todo el Poder (1999)
director Fernando Sariñana
- >> Sexo, Pudor y Lágrimas (1999)
director Antonio Serrano
- >> Amores Perros (2000)
Alejandro González Iñárritu
- >> Y Tu Mamá También (2001)
Alfonso Cuarón





WHEN **LOVE HURTS** OR HIT ME BABY ONE MORE TIME.

BY ALBERTO FERRERAS

A few years ago I fell unilaterally in love with a banker who was heavily involved in the SM scene. I liked the guy a lot, but I didn't know crap about SM so -to prepare myself for our first date- I went to a beginners' meeting organized by a bondage association in New York City. That night I walked up to the door of an apartment in a particularly gothic-looking building in the Village, having no idea what was waiting for me on the other side.

A few irrational scenarios crossed my mind as I was waiting for the door to open. Would a gang of hooded bodybuilders in leather and chains tie me up? Would they flog me, brand me, and pass me around like a bong in a frat party for one last round of rape and mayhem? I was freaking out and yet, I found myself unable to walk away.

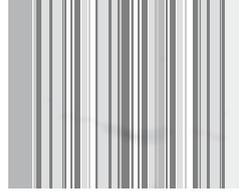
But what I found behind the door didn't look like an orgy at all. It was more like a Tupperware party: I was greeted by an older gentleman whose little leather vest turned out to be the only sign of perversion in an otherwise rather homey apartment.



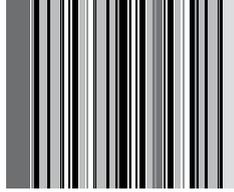
The motto of the association was “sane, safe and consensual,” so their policy was to over-explain the dynamics of SM, preparing the torture sessions with the same detail that my mother would put in planning a picnic. Sitting in the living room, and surrounded by a small group of friendly beginners snacking on coffee and cookies, I prepared myself for my introduction to bondage.

The first lesson was just semantics: never refer to the practice as S&M. The actual term is “sadomasochism,” not “sado and masochism”, so using the “and” makes “S&M” sound like the candy that melts in your leather pants not in your hand.

But more practical knowledge was soon to follow. For instance, if you’re planning to pour hot wax on your lover’s genitals, what kind of candles should you use: the cheapest or the most expensive ones? If you said the cheapest, you are right. The expensive ones are usually made of pricey beeswax instead of inexpensive paraffin. Beeswax heats up much more than paraffin, causing third-degree burns, which could be a “turn on” only if you like to end the session in the emergency room playing doctor.



SEX



SEX

It's also recommended to choose a password that will let the flogger know that it's time to slow down the whipping.

Screaming: "Please! Stop! I beg you!!!" can be part of the fun, so they advice you to come up with an expression that has nothing to do with stopping, like "five arm mortgage" or "republican vote in congress," to remind your executioner that some pain is fun, but if he keeps at it, you'll require reconstructive surgery.

Apply this concept to your unhappy marriage or to your dead-end job and you'll save yourself thousands of bucks in psychotherapy.

However, the most interesting thing that I learned that night, was the concept of "service." The master –meaning the one who's hitting you- is "servicing" the one who's tied up. We would think that the poor guy handcuffed to the headboard is the one who's at the disposal of the master. But like in real life, human relationships are never what they seem, and at the end of the day the one inflicting the pain is fulfilling the fantasy of the one who likes to be punished. In other words, there are no victims, only volunteers.

So armed with all this fresh knowledge, I finally went on a date with my leather banker wondering if that night I would end up tied up to a whipping pole screaming "republican vote in congress", but my banker explained over dinner some details of his complicated sex life: he already had a lover, two slaves and a few casual victims here and there, however, he courteously offered to add me to his personal list of "flogees". As tempting as it was to practice what I only knew in theory, I had to decline. Maybe I could enjoy the pain, but I just couldn't stand the drama. ☹️



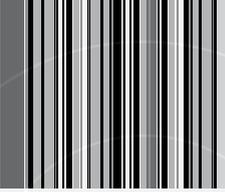
AS SEEN
ON MTV!

EXIT

SINCE 1999
305
786
33133
DADE CTY
MOTION
GRAPHICS
BROADCAST DESIGN
VIDEO PRODUCTION
WEBSITE
DESIGN
EDITING
CAMERA
OUTPUTTING
INTERACTIVE DESIGN
THE FINEST IN NEW MEDIA
EXIT IS
REPRESENTED BY
RELIABLE PEOPLE
WHO CARE ABOUT
YOUR QUALITY
WORK
THROUGH CREATIVITY
AND EDUCATION.

FULL SERVICE VIDEO AND FILM PRODUCTION
CAMERA AND CREW
VIDEO EDITING AND ANIMATION
DVD PRODUCTION
WEB AND PODCAST PRODUCTION
BROADCAST DESIGN
GRAPHIC DESIGN AND ILLUSTRATION

3021 SW 28th In miami, FL 33133
786.280.8886 305.389.9195
www.findexit.com



HIGHMAINT

THE HEALING FORCES OF NATURE

BY VANESSA DE LA RUE

What would happen if you knew that there is someone or something that can examine every single bug/microbe/germ that harms your body? Are you willing to enhance your physical condition without pharmaceuticals?

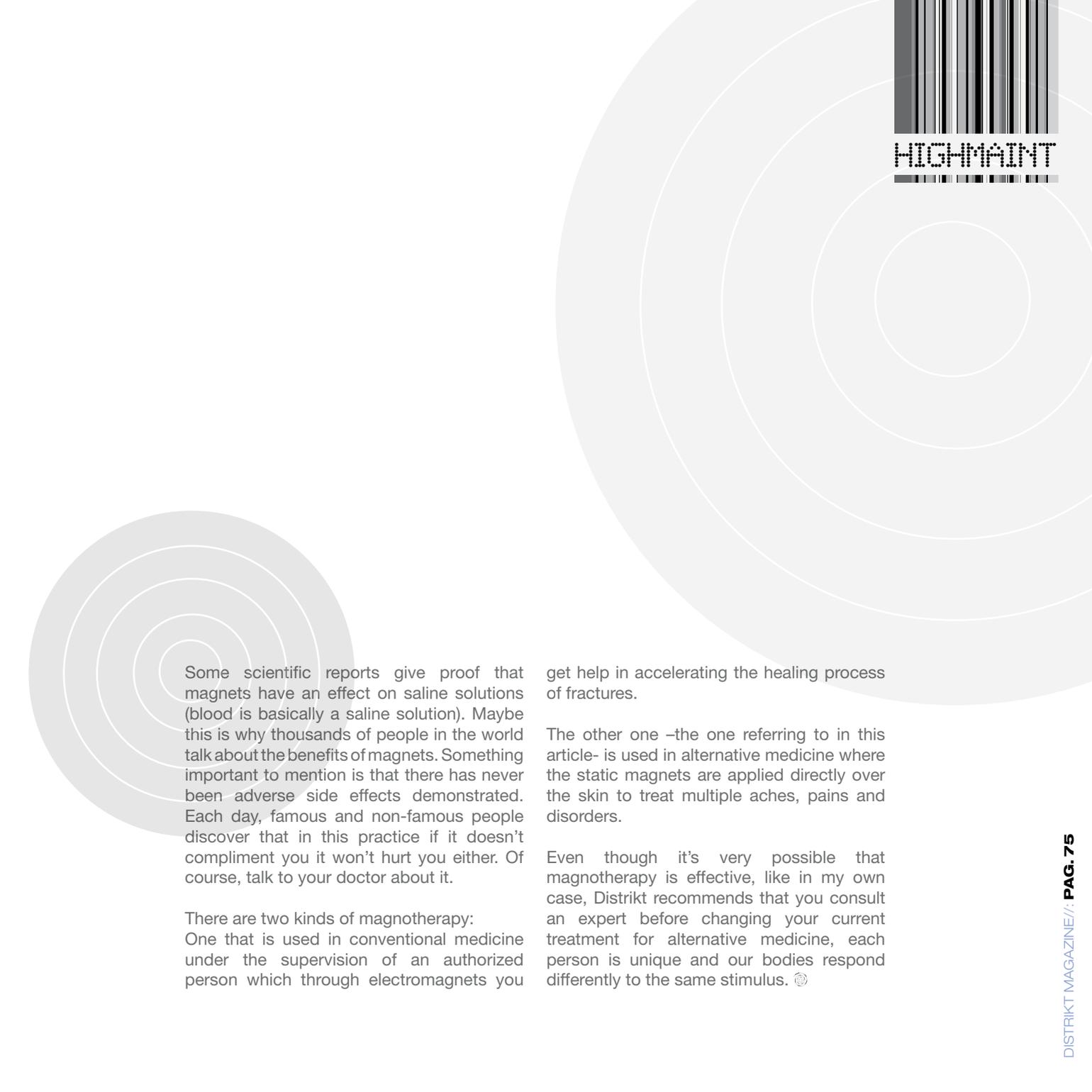
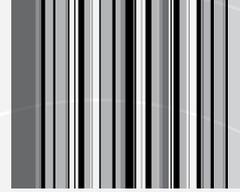
The use of magnets for healing purposes (magnotherapy) exists since about 3,000 years ago in China. Here in the West it has been accepted recently as a valuable and inoffensive aid for pains and various illnesses and conditions.

Magnets are objects that produce some type of energy called magnetic fields and although there is no scientific evidence to prove it, it is known to help the blood stream helping circulation of oxygen and removing toxins, assisting in the healthy development of new cells and increasing the capacity of auto-healing. It is also known for its ability to reduce lactic acids just as if you were doing exercises;

balancing the levels of alkaline and acidity in your body and organs.

This last part (alkaline v. acidity) is a very interesting topic. According to my magnotherapy doctor in Mexico, all illnesses arise from bacteria, viruses, germs and other microorganisms that settle in different organs causing the pH of each one to unbalance. When the magnets are positioned on different parts of the body, the organs are neutralized to an optimal level, killing these microorganisms. Sometimes it takes several sessions to achieve this because some of these little bugs are very stubborn. In my experience, the result is a complete improvement in problems such as gastritis, colitis, throat pains, cough and symptoms that are not yet a disease but that could probably become with time. So, it's not only curative but also preventive. I used to call my doctor, "El exterminador de las bacterias!"





Some scientific reports give proof that magnets have an effect on saline solutions (blood is basically a saline solution). Maybe this is why thousands of people in the world talk about the benefits of magnets. Something important to mention is that there has never been adverse side effects demonstrated. Each day, famous and non-famous people discover that in this practice if it doesn't compliment you it won't hurt you either. Of course, talk to your doctor about it.

There are two kinds of magnotherapy: One that is used in conventional medicine under the supervision of an authorized person which through electromagnets you

get help in accelerating the healing process of fractures.

The other one –the one referring to in this article- is used in alternative medicine where the static magnets are applied directly over the skin to treat multiple aches, pains and disorders.

Even though it's very possible that magnotherapy is effective, like in my own case, Distrikt recommends that you consult an expert before changing your current treatment for alternative medicine, each person is unique and our bodies respond differently to the same stimulus. 🌀

SPECIAL

LANGERADO MUSIC FESTIVAL: a get-together of endowment

BY ISA TRAVERSO-BURGER

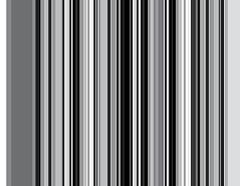
Distrikt was invited to Langerado Festival on its fourth annual event that took place in Markham Park in Fort Lauderdale. In my opinion, the only bands missing were Bright Eyes, Jack Johnson, Dave Matthews and Long Beach Dub All-Stars but considering their amazing line-up, it was so much worth going. Big names such as Ben Harper & The Innocent Criminals, Black Crowes, Flaming Lips, Wilco, The Meters, Robert Randolph, Brazilian Girls, Burning Spear, Keller Williams, Boxelder, Kinky, G-Love & Special Sauce, Amigos Invisibles, Antibalas Afrobeat Orchestra, MOFRO, Slightly Stoopid, Brothers Past, Steel Train and Disco Biscuits jammed their instruments off during the 2 day hippie affair –I can't emphasize enough that I've never seen so many herb-loving, tree-huggers together; maybe at a Widespread Panic concert-.

Thousands of people were dancing liberally and blissfully under the awesome weather as the stages exposed the brilliant talent of the musicians. There was a feeling of freedom all over the place and the mix of different rhythms provided me with an unforgettable occasion that I hope to repeat next year. Here's a brief on some of the bands:

Brothers Past is a band from Philadelphia. They say their music can be compared to Pink Floyd, The Cure, and Radio Head but with a dash of electronica and catchy pop songs. In the future they hope to be playing in Madison Square Garden but if not, they are pleased to travel and jam all over the country.



PHOTOS: ISA TRAVERSO BURGER



SPECIAL



What would they ask humanity to do? To chill out, read a good book and help the less fortunate.

Slightly Stoopid is a group of attractive guys from San Diego. 15 years ago they were listening to Motley Crew, Led Zeppelin, Guns & Roses, a lot of reggae and 80's music. The Mexican band member, Kyle, confesses he was listening to Mariachis, of course. Ten years from now they hope to be doing the same thing; the stage is their home. Their live show is really uplifting and inspiring; they mix reggae with funk, rock, punk, blues, dub, and a lot of vibe. They got it going on!

What would they ask humanity to do? Walk around with a smile, respect, listen to their hearts and pray.

Los Amigos Invisibles are everything but invisible, they put a show full of funky beats, sensual lyrics and awe-inspiring percussion. They are originally from Caracas, Venezuela but have called New York their home for the past 4 years. More than a decade ago these musicians were into Red Hot Chili Peppers, acid jazz, The Police, The Cure, Jamiroquai and really, every song their families exposed them to.



They were fans of Soda Stereo, Café Tacuba, and the popular sounds of Fania All Stars.

Jose Luis, the virtuoso guitarist also known as DJ Afro, would love to move to Playa del Carmen in Mexico, where he plays a gig every 2 months.

What would they ask humanity to do? To use condoms, to be tolerant, to change the software inside their brain and to respect.

One thing is certain about all these musicians, they are ecstatic about what they do, their love for harmony and music, and they want to be on a stage again and again, playing live, watching people dance to their beats, exhilarating the scene, stimulating the brain and clearly having a great time sharing the concept of 'one love'. 🌍

DISTRIKT'S 2nd RELEASE EVENT



Distrikt party #2 was a total success at the truly gorgeous spaces of the Miami Children's Museum. Drinks provided by Dewar's helped the guests release the tension of a busy week. Everyone was chilling and relaxed. Our editor, Isa, played the role of MC presenting the artists. Featuring their works of art were: Maria Caridad with some short clips that suggested 'The World is Changing'. Then, local and award winning camera-girl, director Milcho delighted the crowd with a video-monologue that made everyone crack-up laughing. We welcomed the release of Fulano's new CD titled, "Individual" as we moved to the rhythms of his songs; he even invited sexy Sacha for a couple of duets. Robert Tabor had some eccentric art-shoes on display and the original shoe worn by Celia Cruz was brought to be showcased thanks to her faithful manager and friend, Omer Pardillo-Cid. Thanks to Deco Drive for shoving that camera on our faces and thanks to everyone who accompanied us once again. We hope to provide you with unlimited nights of talent and fun. Until next party everybody! MUCHAS GRACIAS! ☺





DISTRIKT'S 2ND RELEASE EVENT

METAMORPH

